

CRISIS SERVICES

Spokane County Regional Behavioral Health

last revision as of September 2019



NEW 24-HOUR REGIONAL CRISIS LINE

**SERVING SPOKANE, ADAMS, FERRY, LINCOLN,
PEND OREILLE, AND STEVENS COUNTIES**

The priority of Frontier Behavioral Health's 24/7 crisis line is to provide on-demand services for individuals whose health or safety is in danger due to a mental health or substance use condition.

Mental health clinicians provide assessments and crisis intervention services, along with making direct referrals to mobile crisis outreach teams if needed.

**CALL
TOLL FREE
1 (877)
266-1818**



WHEN TO CALL THE CRISIS LINE?

It is a crisis situation if you, or someone you know:

- Is actively thinking about suicide or other self-harming behavior, or has already acted on these thoughts
- Is having thoughts of harming others
- Is in danger because of a mental health or substance use condition and is in need of an evaluation by a mental health professional for safety planning, which may include an assessment for outpatient or inpatient treatment
- Is unwilling to agree to voluntary help, and is in need of involuntary inpatient psychiatric or substance use disorder treatment

If you are not in crisis and call the crisis line, you will be referred to Eastern Washington 211, a resource line that provides free information about community resources and human services including local support group.

LANGUAGE INTERPRETERS ARE AVAILABLE TO PROVIDE ASSISTANCE IN YOUR PREFERRED LANGUAGE.

IF HEARING IMPAIRED CALL TTY: 1-800-833-6384

