

**BOARD OF COUNTY COMMISSIONERS
PEND OREILLE COUNTY
NEWPORT, WASHINGTON**

RESOLUTION NO. 2020 - 24

RESOLUTION TO APPLY FOR THE COVID-19 VARIANCE

- WHEREAS,** Governor Inslee and the Washington State Department of Health recognize that there are currently some small counties with a population of less than 75,000 that have not had new cases of COVID-19 reported in the past three weeks, and
- WHEREAS,** these counties have the opportunity to apply for a variance to move from phase I of the Phased Approach to Reopening Washington Plan to phase II before the rest of the state, and
- WHEREAS,** Pend Oreille County (POC) has been identified as one of the counties eligible to apply for the variance, and
- WHEREAS,** one of the requirements for applying for the variance includes submission of a signed recommendation from the local public health officer to the local board of health, and
- WHEREAS,** Northeast Tri-County Health District (NETCHD) Officer, Dr. Sam Artzis, submitted a letter of recommendation to the NETCHD recommending they request a variance to include all of the phase II modifications contained in the phase chart, which is attached hereto and hereby incorporated by reference, and
- WHEREAS,** NETCHD voted to move forward with a variance request, and
- WHEREAS,** another requirement for applying for the variance includes submission of a letter from the local hospital(s) certifying that they have adequate bed capacity to serve their community and adequate PPE supplies to keep their workers safe, and
- WHEREAS,** Newport Hospital and Health Services, the only hospital in POC, has submitted a letter certifying as such, and
- WHEREAS,** NETCHD executed a resolution to apply for the variance, and
- WHEREAS,** a document must be submitted describing the follow:
- a. Plans and identified resources to make COVID-19 testing available and accessible to everyone in the county with symptoms consistent with COVID-19
 - b. The number of COVID-19 tests performed by week over the past three weeks

- c. NETCHD's plans and resources to perform case investigation and contact tracing using the statewide standardized COVID-19 case and contact investigation protocols, including the number of people trained and ready to perform case investigations and contact tracing
- d. Plans and resources to house people in isolation or quarantine who do not have a home or wish to isolate or quarantine themselves outside of their home, if it becomes necessary
- e. Plans and resources to provide case management services to cases and contacts in isolation and quarantine
- f. Plans to rapidly respond to outbreaks in congregate settings, and

WHEREAS, NETCHD has prepared a plan as required which is attached hereto and hereby incorporated by this reference.

NOW THEREFORE, BE IT RESOLVED that the Board of County Commissioners of Pend Oreille County, Washington, hereby applies for the COVID-19 Variance,

FURTHER BE IT RESOLVED that the Board of County Commissioners of Pend Oreille County, Washington, approves the NETCHD COVID-19 Variance Plan for Pend Oreille County.

Passed by the Board of Pend Oreille County Commissioners meeting in regular session at Newport, Washington, by the following vote, then signed by its membership and attested to by its Clerk in authorization of such passage the 5th day of May 2020.

3 YEA; 0 NAY; 0 ABSTAIN; and 0 ABSENT

**BOARD OF COUNTY COMMISSIONERS
PEND OREILLE COUNTY, WASHINGTON**


Mike Manus, Chairman


Stephen Kiss, Vice-Chairman


Karen Skoog, Member

ATTEST:


Crystal Zieske, Clerk of the Board



Northeast Tri County HEALTH DISTRICT

COVID-19 Variance Request for Ferry, Pend Oreille and Stevens Counties to Advance from Phase 1 to Phase 2

Background

On March 23, 2020 and subsequently after, Governor Inslee issued Stay Home—Stay Healthy proclamations prohibiting persons from leaving their homes or place of residence except to conduct or participate in essential activities and/or for employment in essential business services. He also prohibited starting on March 25, 2020 all non-essential business to cease operations except for performing basic minimum operations. On May 1, 2020 Governor Inslee indicated that he would be extending the Stay Home—Stay Healthy order through May 31 and that he was allowing smaller (of less than 75,000) counties that did not have a new case of COVID-19 reported in the last three weeks to apply for a variance that would allow them to move from Phase 1 of the Phased Approach to Reopening Washington Plan to Phase 2.

This plan provides information regarding the request of the counties of Ferry, Pend Oreille, and Stevens to advance to Phase 2 when the required criteria are met. Further, this plan outlines the readiness of these counties, within the jurisdiction of Northeast Tri County Health District (NETCHD), in key areas which include healthcare system readiness, testing capacity and availability, case and contact investigations, and ability to protect high-risk populations.

Introduction

Northeast Tri County Health District provides governmental public health services to the counties of Ferry, Pend Oreille, and Stevens. The population of each county is as follows:

Ferry:	7,780
Pend Oreille:	13,350
Stevens:	45,030

The last confirmed case of COVID-19 occurred March 17, 2020 in Ferry County and April 13, 2020 in Pend Oreille County. Therefore, Ferry and Pend Oreille Counties met the preliminary criteria for this variance. For Stevens County, the last positive case was April 20, 2020. If there are no other cases, Stevens County will be eligible to move to “Phase 2” after May 11, 2020.

Readiness and Capabilities in Six Key Areas

1. COVID-19 Testing Availability and Accessibility:

Throughout the three-county area, testing is widely available for symptomatic individuals (see Appendix 1). To the best of our knowledge, all individuals with COVID-like symptoms and with the concurrence of their health care provider, have been able to be tested at local health care facilities. Testing is provided by a combination of drive-thru sites, curbside services, and in-clinic settings as noted below:

Ferry County:

- Ferry County Health: Located in Republic, this site provides drive-thru testing adjacent to the hospital.
- Lake Roosevelt Community Health Center: Located in Inchelium, serving Colville Confederated Tribal members and non-tribal members living near-by.
- San Poil Valley Health Center: Located in Keller.

Pend Oreille County:

- Newport Hospital & Health Services: Located in Newport, this site provides drive-thru testing adjacent to the hospital.
- Northeast Washington Health Programs: Located in Lone, the Federally Qualified Health Center (FQHC) provides curbside assessment testing.
- Camus Center Medical and Dental Clinic: Located in Usk, this clinic provides testing to Kalispel Tribe of Indians.

Stevens County:

- Providence Mt. Carmel Hospital: Located in Colville, this site provides drive-thru testing adjacent to the hospital.
- Providence St. Joseph's Hospital: Located in Chewelah, this site provides drive-thru testing adjacent to the hospital.
- Northeast Washington Health Programs Health Programs: This FQHC has clinic locations in Stevens County. Depending on provider availability, curbside assessment and testing is provided at their clinics located at:
 - Chewelah
 - Colville
 - Lake Spokane (Nine Mile Falls)
 - Loon Lake
 - Northport
 - Springdale
- Heartland Medical Clinic: Located in Colville, this clinic provides curbside testing.
- David C Wyncoop Memorial Clinic: Located in Wellpinit on the Spokane Indian Reservation and provides testing at the clinic.

2. Testing by Week – Over Past Three Weeks

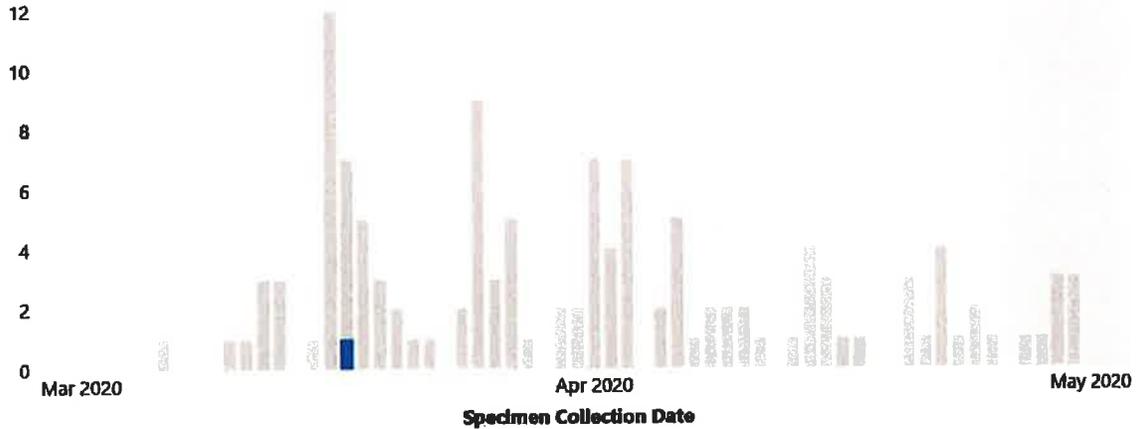
Ferry County: 113

- Ferry County Health: 23
 - Week of April 13th: 6
 - Week of April 20th: 11
 - Week of April 27th: 6
- Lake Roosevelt Community Health Center: 86
 - Week of April 13th: 28
 - Week of April 20th: 18
 - Week of April 27th: 40
- San Poil Valley Health Center: 4
 - Week of April 13th: 2
 - Week of April 20th: 2
 - Week of April 27th: 0

Trend Over Time: Ferry County

Number of Individuals Tested | .8% of individuals tested positive

● Positive ☉ Negative



Pend Oreille County: 78

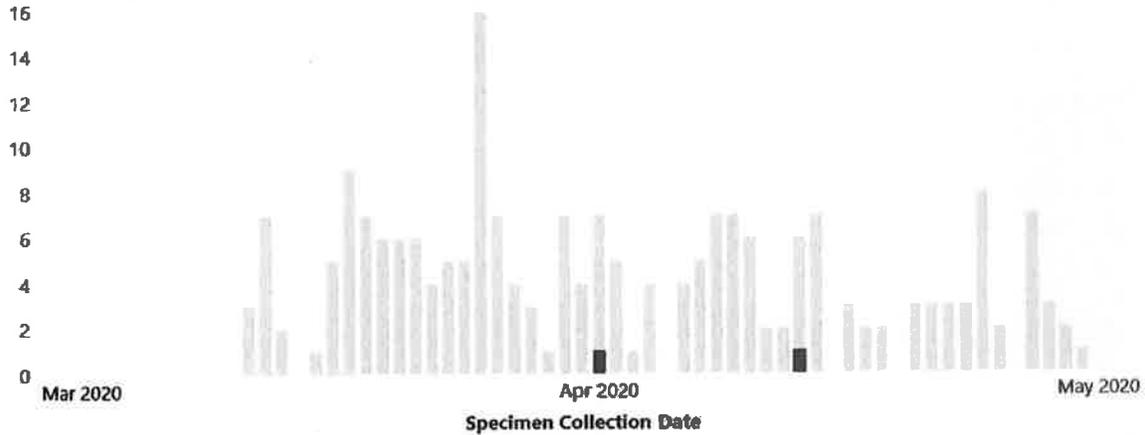
- Newport Hospital & Health Services: 74
 - Week of April 13th: 23
 - Week of April 20th: 25
 - Week of April 27th: 26
- Northeast Washington Health Programs: 0
 - Week of April 13th: 0
 - Week of April 20th: 0
 - Week of April 27th: 0
- Camus Center Medical and Dental Clinic: 4 tests in the last three weeks

Trend Over Time: Pend Oreille County

Number of Individuals Tested | .9% of individuals tested positive

Data may be incomplete for the most recent dates.

● Positive ● Negative



Stevens County: 200 (including a few tests from David Wynecoop Memorial Clinic in first week and a half in April)

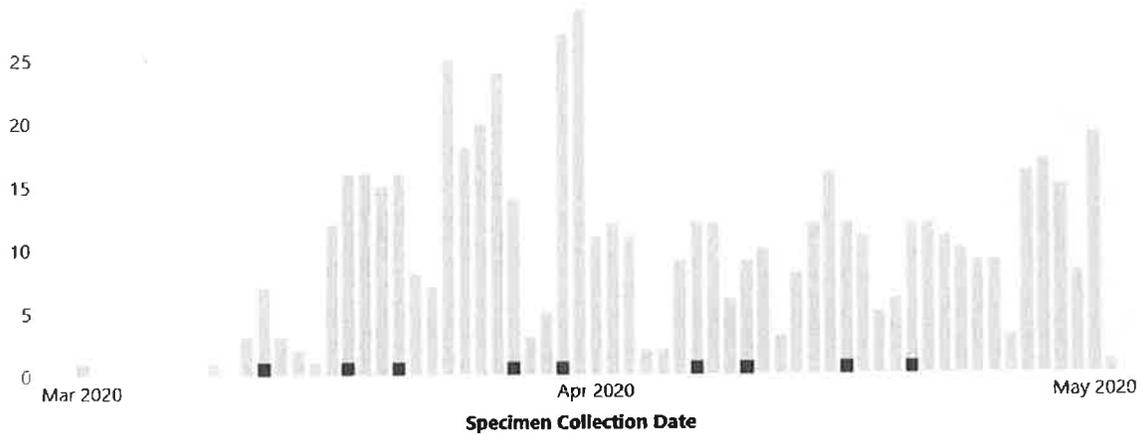
- **Providence Mt Carmel Hospital: 108**
 - Week of April 13th: 25
 - Week of April 20th: 28
 - Week of April 27th: 55
- **Providence St. Joseph's Hospital: 19**
 - Week of April 13th: 5
 - Week of April 20th: 10
 - Week of April 27th: 4
- **Northeast Washington Health Programs: 34**
 - Week of April 13th: 15
 - Week of April 20th: 11
 - Week of April 27th: 8 (May 1st data not included)
- **Heartland Medical Clinic: 12**
 - Week of April 13th: 3
 - Week of April 20th: 5
 - Week of April 27th: 4
- **David C Wynecoop Memorial Clinic: Reported 27 tests in the April 2020**

Trend Over Time: Stevens County

Number of Individuals Tested | 1.5% of individuals tested positive

Data may be incomplete for the most recent dates.

● Positive ● Negative



3. Case and Contact Investigations

NETCHD has worked collaboratively with our local healthcare providers to assure a rapid response to any positive COVID-19 result to support case investigation and contact follow-up. Providers are also calling as soon as any positive test result is identified. This has allowed NETCHD staff to identify and contact any COVID-19 patient within two hours of receiving a positive test result. We are also in contact with potential close contacts immediately after obtaining this information from confirmed cases. This has allowed immediate isolation and quarantine as needed to reduce further exposures and prevent community outbreaks. Utilizing Department of Health (DOH) guidance materials, our healthcare providers are also informing anyone tested for COVID-19 symptoms to isolate at home, along with their close contacts until test results can be provided.

NETCHD currently has 12 staff members fully trained in case investigation of communicable diseases with a subset of these individuals who have access to Washington Disease Reporting System (WDRS) for this work. See Appendix 2 for Incident Command System (ICS) structure for NETCHD and response team protocol.

Through a cross jurisdictional shared service model, NETCHD has coordinated with Lincoln County Health Department to share resources as necessary to complete case and contact investigations (see Appendix 3 for letter of commitment.) If additional resources are needed to respond to community outbreaks or increases in cases, our plan is to provide just-in-time training to individuals identified through each county Emergency Operations Center (EOC). If demand exceeds capacity of this system to conduct rapid case and contact investigations, we will work with DOH to support our efforts (see appendix 3 for letter of commitment.)

4. Plans and Resources for Isolation and Quarantine

Ferry County Isolation and Quarantine Plan: Ferry County has developed a plan for quarantining homeless or those seeking housing outside their homes. Specifically, medical care providers and first responders were included in those eligible to receive housing outside of their own home, if needed. The plan was sent into the Department of Commerce as part of the grant program. The plan utilizes local motels with individual rooms to provide housing during the isolation and quarantine times. The plan encompasses housing, meals, medical screenings, transportation, security, laundry, and garbage services. They have partnered with NETCHD, the medical community, and the Sheriff's Department throughout the development of the plan. (See Appendix 4a)

Pend Oreille County Isolation and Quarantine Plan: Pend Oreille County has developed a plan for quarantining homeless or those seeking housing outside their homes. Specifically, medical care providers and first responders were included in those eligible to receive housing outside of their own home, if needed. The plan was sent into the Department of Commerce as part of the grant program. The plan utilizes local motels with individual rooms to provide housing during the isolation and quarantine times. The plan encompasses housing, meals, medical screenings, transportation, security, laundry, and garbage services. They have partnered with NETCHD, the medical community, and the Sheriff's Department throughout the development of the plan. (See Appendix 4b)

Stevens County Isolation and Quarantine Plan: Stevens County has partnered with Rural Resources Community Action and developed a plan for quarantining homeless or those seeking housing outside their homes. Specifically, medical care providers and first responders were included in those eligible to receive housing outside of their own home, if needed. The plan was sent into the Department of Commerce as part of the grant program. The plan utilizes local motels with individual rooms to provide housing during the isolation and quarantine times. The plan encompasses housing, meals, medical screenings, transportation, security, laundry, and garbage services. They have partnered with NETCHD, the medical community, and the Sheriff's Department throughout the development of the plan. (See Appendix 4c)

5. Plans and Resources for Case Management Services for Cases and Contacts in Isolation and Quarantine:

Ferry County Case Management Services: Ferry County Emergency Management has developed a plan in conjunction with NETCHD to meet the potential challenges from the possibilities of COVID-19 pandemic infections and potential need of isolation and/or quarantine in Ferry County. In most cases, individuals will isolate or quarantine at home and this plan encompasses supporting their potential needs while they remain at home. Emergency Management Services, with the help local partners, has prepared and implemented a plan to meet the needs of clients in need of quarantine and/or isolation. We are prepared with the ability and resources to support the basic needs of clients isolated and/or quarantined because of COVID-19 infection, including food, medicine, and other logistical needs.

Pend Oreille County Case Management Services: Pend Oreille County Emergency Management has developed a plan in conjunction with NETCHD to meet the potential challenges from the possibilities of COVID-19 pandemic infections and potential need of isolation and/or quarantine in Pend Oreille County. In most cases, individuals will isolate or quarantine at home and this plan encompasses supporting their potential needs while they remain at home. Emergency Management Services, with the help local partners, has prepared and implemented a plan to meet the needs of clients in need of quarantine and/or isolation. We are prepared with the ability and resources to support the basic needs of clients isolated and/or quarantined because of COVID-19 infection, including food, medicine, and other logistical needs. Pend Oreille County has partnered with the Sheriff's office, local fire districts, and area chaplains.

Stevens County Case Management Services: Stevens County Emergency Management has developed a plan in conjunction with NETCHD to meet the potential challenges from the possibilities of COVID-19 pandemic infections and potential need of isolation and/or quarantine in Stevens County. In most cases, individuals will isolate or quarantine at home and this plan encompasses supporting their potential needs while they remain at home. Emergency Management Services, with the help local partners, has prepared and implemented a plan to meet the needs of clients in need of quarantine and/or isolation. We are prepared with the ability and resources to support the basic needs of clients isolated and/or quarantined because of COVID-19 infection, including food, medicine, and other logistical needs.

6. Plans and Resources to Rapidly Respond to Outbreaks

NETCHD staff have been preparing for the ability to respond to outbreaks in the community and in congregate settings such as long-term care facilities (LTCF) and adult family homes. On staff, we have six individuals with experience in conducting disease outbreak investigations and an additional seven staff who could assist.

Our Health Officer is also a medical director of a local LTCF and has been directly involved in developing strict guidelines and assisted in developing protocols consistent with the DOH recommendations. NETCHD has kept in close contact with the LTCF's and assisted them in obtaining much needed PPE to maintain isolation of residents. Fortunately, we have had no COVID-19 cases thus far in the three counties in LTCF's.

Our largest concern is a LTCF or assisted living facility (ALF) outbreak. We are actively participating in the DOH Response Team training for LTCF's. And we have been in close contact with Washington State Epidemiologist for Communicable Disease Dr. Scott Lindquist regarding assistance from DOH to coordinate a response if we exceed local capacity to effectively handle an outbreak should it occur.

Activities of Staff Have Centered Around the Following:

- LTCF, ALF and adult family homes (13 in total) within Northeast Tri County Health District have already been contacted regarding their plans should a case occur within their facility, what needs did they have and what could we do to assist them. Copies of their responses can be provided upon request. The most recent check-in was completed the week of April 27, 2020.

- Staff are currently working to complete the new DOH assessment tool with LTCF, ALF, and adult family homes within Ferry, Pend Oreille, and Stevens Counties.
- Designated staff and one intern working with NETCHD will complete training with DOH regional representative for LTCF assessment and outbreak response. This training will occur at 1:00 p.m. on May 5, 2020.
- Consisting of NETCHD staff, strike teams have been developed and have received training. Additional training specific to outbreaks in LTCF will occur with DOH on May 5, 2020.
- NETCHD staff been in contact with jail facilities to ensure proper precautions are being taken to prevent COVID-19 transmission.
- 1,000 test kits have been ordered by NETCHD and staff responsible for testing will be identified at each facility. For facilities without skilled nursing, partnerships will be developed with local clinics to provide testing for the facilities.

7. Additional Information for Consideration

Hospitals within the three-county area are within the Spokane area for medical catchment. Surge planning involves transporting COVID-19 patients to Spokane area hospitals when local capacity for treatment is exceeded. To date, this has been an effective strategy. The Regional Emergency and Disaster (REDi) Healthcare Coalition is activated in response to COVID-19 and is assisting with a coordinated response. Specifically, REDi Operations Center became active on April 10, 2020 to assist with transfer coordination to find appropriate bed placement for patients. In addition, REDi Healthcare Coalition established a Regional Triage Team (effective April 28, 2020) that is designed to support healthcare organizations at times when a crisis is declared by a health officer and surge planning has been exhausted.

Summary

We feel that with our current case activity, healthcare system preparedness and continues physical social distancing, our community is prepared to move safely to Phase 2 of the “Phased Approach to Reopening Business and Modifying Physical Distancing” measures developed by the Governor’s Office. Ferry and Pend Oreille Counties currently meet the approved criteria to move into Phase 2. We are also requesting that Stevens County be allowed to move into Phase 2 at the completion of three weeks without a positive case (currently scheduled for May 11th if no additional cases occur).

Appendix 1

Appendix 1

How to get tested for COVID-19 in Ferry, Stevens, and Pend Oreille Counties

1. If you have symptoms of Coronavirus, or have questions about symptoms you may be experiencing, call your health care provider before going to the clinic for testing. This is so your provider can direct you in the steps you may need to take to avoid possibly exposing other patients.
2. Patients are encouraged to avoid the Emergency Department unless they are experiencing symptoms that require immediate attention for example, chest pain or shortness of breath. If experiencing these types of symptoms, immediately call your health care provider, or call 911 and be very specific about your symptoms so that a provider can decide what precautions may be in order.
3. Currently “drive-thru” testing is available from:

Providence Health Service: They have sites in Colville and Chewelah. Please call 509-685-2011 and they will assess you for the most appropriate site to be tested at.

Ferry County Health: they have a drive-up testing site in the main driveway. Please call 509-775-3333 option #1 for information to determine if you should be seen.

Newport Hospital & Health Services: Please call 509-447-3139. They will assess you and direct you to the appropriate services.

4. Testing is be available at:

NEW Health Programs (all sites): They have sites in Colville (509-684-1440), Chewelah (509-935-8424), Lone (509-442-3514), Lake Spokane (Nine Mile Falls) (509-464-3627), Northport (509-732-4252), and Springdale (509-258-4234). Please call ahead to talk to a member of the care team. They can help you with appropriate instructions.

Heartland Medicine Colville Clinic: Please call 509-684-7925. Please call ahead for testing and payment information.

Lake Roosevelt Community Health Center, (LRCHC), Inchelium. Please call ahead at 509-722-7006 and you will be accessed and given further instructions.

San Poil Valley Health Center, Keller. Please call ahead to 509-634-7300 and you will be given instructions.

Other private providers and health clinics not listed may do the COVID-19 testing, but you will need to call ahead and find out if this is available and get instructions from the provider.

5. There is lots of good information on the DOH website and there is also a DOH call center for questions regarding COVID-19. 1-800-525-0127. Northeast Tri County Health District’s website (www.netchd.org) also has good information.

Attached are information handouts on coronavirus. If questions can’t be answered from these handouts, call your provider, the 1-800 number or the Health District.

Appendix 2

Appendix 2

Positive Results Response Teams:

Team #1: Judy and Doris

Team #2: Molly and Melanie

Team #3: Alice and Jeanie

Team #4: Laura and Makayla

Team #5: Rebecka and Tammi

The teams have been changed up due to Jan's retirement, and, due to the possibility of an increase in cases once the governor starts relaxing some of the statewide restrictions.

Each team will rotate being on call from Friday at 11:00 a.m., until Sunday at 5:00 p.m. This rotation will start on Friday April 10th and continue until no longer deemed necessary by NETCHD incident command. If a team investigator, or other members of the team will not be available for a particular weekend, arrangements can be made for another team to cover as necessary. If one team has more than one case, or, numerous contacts, other members of the teams may be contacted to assist.

Process for Positive COVID-19

Investigation Staff:

- Primary
 - Judy
 - Molly
 - Alice
 - Rebecka
 - Laura

Contact Follow Up Staff:

- Jeanie
- Makayla
- Melanie
- Doris
- Tammi
- Minda
- Karen (Floater)
- Bryan (Floater)

Data Entry Staff: (unless needed for contact calls)

- Doris
- Melanie
- Laura
- All other trained staff if surge occurs

When to Check WDRS for new cases:

WDRS typically updates three times per day. Once in the morning, mid afternoon and evening. Just as a general guide, please check WDRS

Friday: 1-2:00 pm

4-6:00 pm

Saturday: 9-10:00 am

1-2:00 pm

4-6:00 pm

Sunday: 9-10:00 am

1-2:00 pm

4-6:00 pm. No later than this on Sunday. Were a case to occur, we really don't want to be calling people late in the evening. This is just a guide. If a case occurs later in the evening, and the clients Dr. notifies them, then we can call and talk to the client as well, so, we need to use our best judgement.

Investigators:

Positive report from WDRS or Providers/facility report:

1. Use COVID-19 Extended form from website to assure use of updated form.
 - a. Located on DOH website on list of notifiable conditions
2. If 5 or more cases a day, use COVID-19 Essential Variables form for data-entry into WDRS.
 - a. Located on DOH website on list of notifiable conditions
3. Verify address and obtain phone number; do this through:
 - a. EPIC
 - b. County Assessor property searches
 - c. tax history
 - d. calling medical facility that ordered lab
 - e. calling the lab,
 - f. Google searches, etc.
4. Have the following at your desk before calling:
 - a. Script and Protocol for COVID-19 Case Investigations
 - b. Handout for 'What to do if You Have Confirmed a Suspected Coronavirus Disease' which will be mailed or emailed to the patient.
 - c. Current COVID-19 Extended form
 - d. Place to write down contacts and take notes
 - e. Attempt to contact case 2 times a day for 3 consecutive days. If not able to contact, client will be considered lost to follow-up.
5. Tell the patient how often and approximate times you will call back to check on them after initial investigation twice a week, more often if necessary.
6. Remind before seeking medical:
 - a. Call ahead, notify medical facility of positive COVID-19 result
 - b. to wear a mask

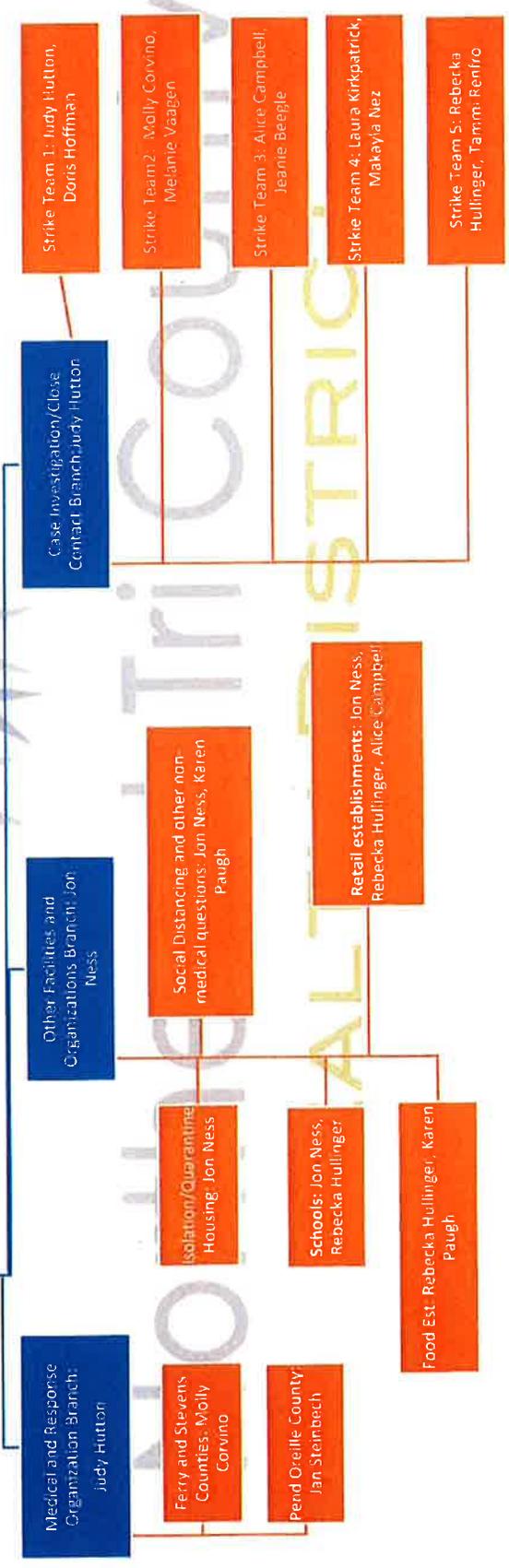
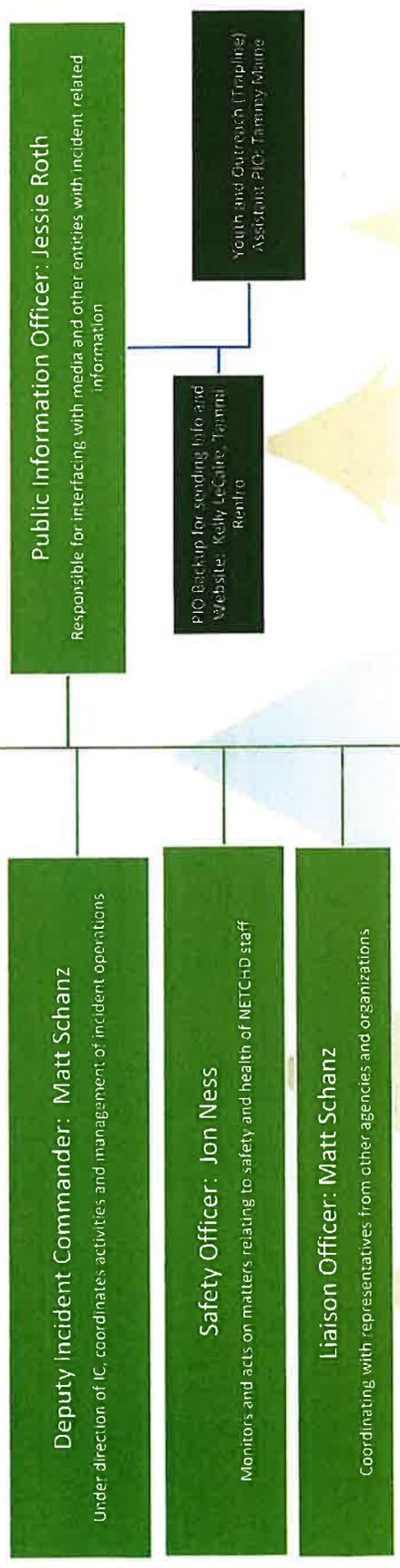
- c. they need to be symptom-free for three (3) days and be cleared by NETCHD before returning to work.
- 7. Develop your contact list and delegate to Contact Follow-Up Staff (see list above).
- 8. Data entry to be done by the investigator for their own work. If there are 5 or more cases coming in per day, we will then delegate data entry Data Entry Staff (see list above).
- 9. Add case to the share point spread sheet.
- 10. On weekends, the investigator will call for contact notification staff to assist as needed.

Contact Follow-Up Staff:

- 1. Investigator will provide:
 - a. Name
 - b. Contact information if known
 - c. Date/time of exposure and end of quarantine date
- 2. Have at your desk before calling:
 - a. The COVID-19 Essential Variables for data entry into WDRS form
 - b. COVID-19 Contact Investigator interim script
 - c. Handout for 'What to do if You were Potentially Exposed to Someone with Confirmed Coronavirus Disease' to discuss with and mail/email to contact.
 - d. Know the quarantine timelines for the contact you're calling:
 - i. **Household Contacts:** Quarantine for 14 days after the case is no longer considered contagious.
 - 1. Wear a mask if seeking medical care.
 - 2. Total quarantine can be great than 28 days.
 - ii. **Non-Household Contacts:**
 - 1. Quarantine for 14 days after date of last exposure.
 - 2. Do not go in public places, this includes but not limited to:
 - a. Grocery stores
 - b. Group gatherings
 - c. Gas stations
 - 3. May go outside with social distancing.
 - 4. Wear a mask and call ahead for medical care
- 3. Remind contact that if they become ill to call their health care provider BEFORE going to the ER or doctor's office, to wear a mask, and that if they become ill, it will extend the quarantine time.
- 4. Also remind them that we will call to check-in during the quarantine on day 5 and day 14.
- 5. Enter contact into WDRS and on to the share point spread sheet
 - a. For data entry, remember to link contacts to the case.

Incident Commander: Dr. Sam Artzis
 Overall authority and responsibility for conducting and management of incident operations

COVID -19 (5.1.2020)
 NETCHD ICS Structure



Appendix 3



Lincoln County Health Department
Dr. Ralph Monteagudo, Health Officer

90 Nicholls
Davenport, WA 99122
(509) 725-1001
Fax (509) 725-1014

May 5, 2020

Matt Schanz, Administrator
240 E Dominion Ave
Colville, WA 98114

Dear Matt,

This letter affirms the commitment of the support and resources of the Lincoln County Health Department with Northeast Tri County Health District in responding to Covid19 case investigations and contact tracing. We acknowledge that infectious diseases are not contained by county lines and that impacts in neighboring jurisdictions have the potential to impact our jurisdiction. Cross jurisdictional sharing of case investigation and contact tracing services enhances both agencies abilities to isolate and contain any potential outbreaks of covid19.

Lincoln County currently has 3 case investigators trained and 3 staff that are prepared to do contact tracing. Northeast Tri County Health District has 12 case investigator/contact tracers trained. This creates a pool of 15 case investigators and 3 individuals who could conduct contact tracing in the even that a case or outbreak is identified.

This partnership enhances our abilities to respond to the public health needs of our communities.

Sincerely,

Ed Dzedzy, R.S.
Administrator





STATE OF WASHINGTON
DEPARTMENT OF HEALTH

*PO Box 47890 • Olympia, Washington 98504-7890
Tel: 360-236-4030 • 711 Washington Relay Service*

May 5, 2020

Matt Schanz, Administrator
Northeast Tri County Health District
240 East Dominion Avenue
Colville, Washington 99114

Dear Mr. Schanz:

I am writing this letter in support of the variance application from the Northeast Tri County Health District. The health district has staff trained to do case and contact investigations, as well as a cross-jurisdictional agreement to share this work with the Lincoln County Health Department if needed.

If the work exceeds the capacity of these arrangements, the Washington State Department of Health will have adequate staffing to supplement their staff to meet investigation needs.

Sincerely,

Maria Courogen, MPH
Branch Director, Disease Containment
COVID-19 Response

Appendix 4A

Ferry County

QUARANTINE/ISOLATION MOTEL PROCESS

04/27/20

INITIAL CONTACT WITH PATIENT

- Patient is seen in ED or Isolation Respiratory Clinic (IRC) for respiratory issues by medical provider.
- If COVID-19 testing is conducted, the patient will be presented with the "COVID-19 Medical Isolation Questionnaire" (Appendix A).
 - If the patient indicates the answer to question #1 is a "NO" (that they are not able to adequately isolate at home), they are a candidate for utilizing a motel room.
- Charge Nurse will perform "Medical Needs Screening" (Appendix B) and then contact a member of FCH Lead Nursing Team, Mike Martinoli/Cindy Chase/Katy Ricard (M/C/K).
- Charge Nurse will initiate the paperwork process for the hospital and obtain the "Isolation Info Packet". They will review the following forms with the patient and obtain signatures:
 1. Completion of the full COVID-19 Medical Isolation Questionnaire (Appendix A)
 2. Accommodation Agreement for COVID-19 Isolation (Appendix C)
 3. Health Officer Quarantine Directive for COVID-19 (Appendix D)
 4. "WHO TO CALL" information sheet; no signature required (Appendix L)

***3 copies of the signed forms will be for the patient, one for EMR and one for the County Emergency Team's records.**

CHECK-IN PROCESS:

- Charge Nurse will administer the room key to the patient (located in the Acute Care Med Room drawer) and contact Mike to alert of admit. If Mike is unavailable, C/K info will be available via 'On Call List' at UC Desk.
- M/C/K will alert County Emergency Management Director, Steve Bonner (24 hour contact), to indicate that a patient will be utilizing a motel room.
- "Isolation Info Packet" will then be given to the patient by the Charge Nurse to be taken directly with them to the room; they will include:
 1. Thermometers and finger-tip pulse oximeters for remote medical monitoring.
 2. Alcohol cleaning wipes to sanitize the monitoring equipment.
 3. Info packets on "10 Ways to manage respiratory symptoms at home", "Steps to prevent the spread of Covid-19 if you are sick" and "Taking Care of Your Behavioral Health" (Appendix E, F, G)
 4. 14 Day Incubation Period Observation (self-monitoring sheet). (Appendix H).
 5. Meal delivery options/instructions (Full menus of participating local restaurants are located in the rooms). (Appendix I)
 6. Who To call (Appendix M) If you Have question while in your room.
- If lower volume allows, will aim to stagger placement of patients in every-other room to allow option of moving them into the vacant room next door during cleaning process (ie Room 1 occupied, Room 2 vacant, Room 3 occupied, Room 4 vacant). **As of 04/27/20, Rooms #1, #4, and #6 are prepped and ready for occupancy.**

MEDICAL MONITORING

- Physical monitoring will be initiated by FCH Lead Nursing Team M/C/K by notifying Tri County Health RN via phone asap of patient admit and review of situation.
- Remote monitoring can be shared by M/C/K and EOC in Colville if needed. **Tri County Health RN will maintain daily monitoring responsibility unless assistance is agreed upon by FCH RN and Tri County.**
- If a patient gets a *negative test result* the check-out process is initiated (see below).
- If a patient gets a *positive test result*, M/C/K reviews the "Health Officers Isolation Directive for COVID-19" form (Appendix J) with the patient, has them sign, and 3 copies are made for distribution (as previously stated above).
-If a positive COVID-19 patient becomes more symptomatic the recommendation is to be taken back to the FCH ED and transferred down to Spokane.
 - *Admission levels are currently and purposely lower (at ~50% occupancy) in order to manage these patients.
- **To document any remote or in-person medical monitoring in the Centriq EMR, keep a running draft addendum note to ED or clinic visit chart with date/time note stamps, then will submit one final note at the end.**

CHECK-OUT PROCESS

- The release of the patient is based on the CDC guidelines for when a COVID-19 patient is no longer infectious. The isolation of the person is lifted and re-entry to public places is permitted due to:
 1. **3 days after the fever ends AND resolution of your initial symptoms (e.g. cough, shortness of breath) (and has not taken any fever reducing medicines)**
 2. **7 days after symptoms onset**
 3. **Individuals with laboratory-confirmed COVID-19 who have not had any symptoms may discontinue home isolation when at least 7 days have passed since the date of their first positive COVID-19 diagnostic test and have had no subsequent illness.**
- Once a patient is deemed medically appropriate by the monitoring medical team, they will review the form regarding "Release from Health Officer's Directive for Isolation Related to COVID-19" (Appendix K) with the patient, have them sign it and 3 copies are made for distribution (as previously stated above).
- Steve Bonner will be included on a Business Associate Agreement between FCH and the Ferry County in order to have access to PHI needed when coordinating the check-out w/a member of the FCH Lead Nursing Team.
- Once the Patient has been discharged from the Isolation/Quarantine Facility Room, that room is to remain closed to any use until it has been sanitized by a professional cleaning agency who will follow guidance provide by the NETCHD.

CLIENT SUPPORT SERVICES

Transportation

- Option 1, Client will drive personal vehicle to facility for Isolation or Quarantine
- Option 2, Client family will drive client to facility for Isolation or Quarantine

Option 3, Client will rely on Ferry County to facilitate transport to facility

Security

Cameras will be used to monitor activity at multiple locations on the premises

Ferry County Sheriff Office will provide additional periodic security with increase visibility in the area.

EMS Service, Call 911 for any emergency needs!

Ferry county EMS will respond to emergency medical needs. They will be dispatched through Ferry County 911.

Trash

Clients are to place all trash in bags (supplied) daily and place the trash outside in the foot operated trash can near the hotel door. All trash will be picked up by trained person for disposal at the end of each day.

Laundry

Laundry service will not be provided.

All bedding (mattress cover, skirt, sheets, pillows, cases and shams) will be disposed of after the client has been discharged.

FOOD AND SUPPLIES

- There will be a meal delivery option provided for any meals the isolated person orders during the quarantine period. This service will be during designated breakfast, lunch, and dinner hours and will be coordinated between FCH Planning team and Ferry County Emergency Management Team.
- Patients will be allocated \$14/16/25 per diem for food stipend which payment will be handled by Ferry County Emergency Management Team.
- Amanda Chilvers will be contact person for coordinating meal delivery during the weekdays and Steve Bonner will be the contact person for coordinating on the weekends.
- Drop point will be at the room door by a designated person and will not include any direct contact with the isolated/quarantined person.

LABOR/VOLUNTEER POOL

- Nina Novikoff and Tammy Folks are working on the Emergency Worker/Volunteer labor pool.
 - Part of the process is indicating what duties and skills the volunteer has to offer (current pool includes NAC, MA and PAC on stand-by)
 - Currently have 16 volunteers signed up. 4/16 have completed the HIPAA and background check process and are ready to be utilized as of 04/27/20.

(Appendix A)

COVID-19 Medical Isolation Questionnaire

1) Will you be able to adequately isolate yourself at home from others, including keeping away from other family members or roommates to prevent spreading of the infection?

YES NO

(Stop Questions)

2) Do you have any habits that may hinder you from complying with this isolation period?

YES NO

3) Will you be able to commit to having NO VISITORS while at your isolation room in order to prevent further spread of the infection?

YES NO

4) Will you be able to drive yourself to your isolation room destination?

YES NO

5) Do you have family that will be able to bring your clothing and personal belongings to your isolation room drop point?

YES NO

6) Do you have family that will be able to bring you meals and food to your isolation room drop point?

YES NO

7) Will you require food delivery services from local restaurants while at your isolation room?

YES NO

Printed Name: _____

Signature: _____

Date: _____

Witnessed By: _____

(Appendix B)

Ferry County Health

Pre-Hotel Admit Process

UC Checklist

- Reinforce medical contact number to call with any changes in symptoms.
- Reinforce calling the medical number or 911 instead of leaving hotel room.
- Scan POLST form into chart if one is created.
- Ensure patient contact number is correct in chart, cell phone preferred if they will have that with them.
- **Make 3 copies of each of the signed forms; one for the patient, one to add to ED chart and one for the City Emergency Team's records which is to be placed in the allocated "COVID-19 Documentation Folder" in the med room.**
 - Completion of the full COVID-19 Medical Isolation Questionnaire
 - Accommodation Agreement for COVID-19 Isolation
 - Health Officer Quarantine Directive for COVID-19

Provider Checklist

- Promote POLST form creation to clarify wishes prior to hotel admit.
- Patient with home o2? Notify Mike, he will have a concentrator in the hotel room.
- Is patient a smoker? Consider Nicotine Patch?
- BP abnormal in ED? Need for monitoring in motel? Notify Mike, he will ensure machine is present.
- Assess any home medication refill needs
 - Can send E-Prescribe to Drug Store. Notify Mike, he will coordinate delivery to patient.
 - Send patient with ER pre-pack of medication if immediately needed

Charge RN Checklist

- Ensure accurate Home Medication list is edited in chart, it is a must!
- Ensure patient has their assistive needs delivered to them (ED or motel)—glasses, dentures, walker, cane, etc.
- Ensure patient has meals delivered to them for overnight.
 - Issue? There is a box of frozen meals in our kitchen freezer to hold them over.
- **Call Mike Martinoli to notify of motel admit/give report at: 509-775-8649**
 - **Check on call list at UC desk to see if someone is covering for him**

(Appendix C)

Accommodation Agreement For COVID-19 Isolation
Ferry County

In order to receive accommodation for COVID-19 related isolation please carefully review and verify that you/your family fully understand the terms and limitations of the agreement. Violation of any part of this agreement can result in the loss of your accommodations.

1. Ferry County will help provide isolation for you/your family to stay for the initial testing period and/or recovery period - STARTING ___/___/___ and ENDING after a negative test result or cleared by a medical professional.
2. The following people are the ONLY authorized occupants:

a. _____	d. _____
b. _____	e. _____
c. _____	f. _____
3. **People in Quarantine.** You/your family should not leave the room while you are in your isolation area, unless there is a fire or other emergency. Communication with anyone outside will be done through phone, email, and other non-face-to-face means. Daily food and other needs will be provided to you. Ferry County is not providing any medical services, if you feel your symptoms are severe, it is your sole responsibility to contact emergency Medical Services.
4. **No Visitors.** Because you are in quarantine, only the people listed on this agreement are allowed to be in the room.
5. **No Parties / No Drugs** of any kind (unless prescribe by doctor) or illegal activity.
6. **No Weapons.**
7. **No Animals.** You will need to find accommodations for any pets/animal elsewhere.
8. At all times respect will be shown to the hotel, assisting staff and other accommodation guests.
9. Upon check-out room/accommodations will be left in a reasonably clean manner.
 - a. Room will be subject to inspection upon check-out
 - b. Any damage to property will be responsibility of registered guest

I/We have read and agree to the terms outlined above in the approved regulations for receiving a hotel voucher. I/ We further understand that any violation of the agreement can result in the hotel contacting the organization issuing the voucher and can lead to my/our immediate eviction.

I/We understand that failure to reimburse for any damage/ loss to hotel will prevent further referrals for future hotel vouchers.

Waiver and release of liability for injury, death or damages. Ferry County and Staff shall not be liable for any injuries, death, or damages to you during your stay in isolation. Rural Resources Community Action is not a medical facility or agency; we are here to solely to provide emergency isolation for those who cannot isolate due to COVID-19.

Client Printed Name

STEVE BONNER
Staff Printed Name

Client Signature and Date

[Signature] 4/24/2020
Staff Signature and Date

Referral from: _____	Phone # _____
Place of Accommodation: _____	Phone # _____

(Appendix D)



MATT SCHANZ, ADMINISTRATOR
SAMUEL A. ARTZIS, M.D., HEALTH OFFICER

HEALTH OFFICER QUARANTINE DIRECTIVE FOR COVID-19

Guidance for Persons under Self-Monitoring for COVID-19 (Novel Coronavirus)

Name : _____ DOB: _____
Address _____ Phone: _____

This guidance is to help you closely monitor your health for up to 14 days because you may have been exposed to a novel coronavirus patient. This does NOT mean that you will get sick with novel coronavirus.

What is the Northeast Tri County Health District directing you to do?

- 1) Stay in assigned motel room
 - a. You will need to stay home from work and school.
 - i. You may want to call your employer or school to ask about working from home or options to receive school materials via email.
 - b. No visitors, clients or customers should be coming inside your home.
 - c. No going to other people's homes, church, shopping, using public transit (bus), or using rideshare companies (Uber, Lyft, taxi).
 - d. No going to indoor public spaces or outdoor gatherings.
 - e. Rely upon your non-quarantined household members for shopping and delivery to designated drop off location.
- 2) Monitor for symptoms of novel coronavirus using your **14-day Incubation Period Observation log**.

Why are you being asked to check your temperature and symptoms for up to 14 days?

It is very important for you to monitor your health so that you can be taken care of and treated quickly if you get sick. Based on what is known from other coronavirus infections, 14 days is the longest time between when you were last exposed to novel coronavirus and when symptoms begin.

What are the signs and symptoms of novel coronavirus?

The most common symptoms of novel coronavirus are fever and cough, sometimes difficulty breathing, more rarely sore throat, muscle aches, and abdominal discomfort. These symptoms can also be due to many other illnesses. If you develop a fever or any symptoms, it doesn't mean you have novel coronavirus, but you should call and speak with your healthcare provider about your symptoms.

How should you monitor your health during this time period?

You should record your temperature and possible symptoms. If you experience any COVID-19 symptoms, you should contact the healthcare provider.

You may receive a call from the Health District during this time asking if you are experiencing any symptoms.

Instructions for monitoring your temperature and symptoms

- Each day, take your temperature twice and record your temperature and the presence or absence of all symptoms on the **14-day fever and symptom log**.
- Take your temperature orally (by mouth) with a digital thermometer **2 times a day**, once in the morning

Stevens County - 240 E. Dominion, Colville, WA 99114

Administration Phone: 509-684-2262, Fax: 509-684-1002

Community Health Phone: 509-684-2262, Fax: 509-684-9878

Environmental Health Phone: 509-684-2262, Fax: 509-684-8506

Ferry County - 147 N. Clark, PO Box 584, Republic, WA 99166

Phone: 509-775-3111, Fax: 509-775-2858

Pend Oreille County - 605 Highway 20, Newport, WA 99156

Phone: 509-447-3131, Fax: 509-447-5644



Northeast Tri County
HEALTH DISTRICT

MATT SCHANZ, ADMINISTRATOR
SAMUEL A. ARTZIS, M.D., HEALTH OFFICER

- and again in the evening.
- Write down your temperature and if you are experiencing other symptoms twice a day, every day.
 - If you forget to take your temperature, take it as soon as you remember.
 - Record if you are taking any medication that could lower your body temperature, including aspirin (acetylsalicylic acid), Tylenol® (acetaminophen), Motrin® or Advil® (ibuprofen), Aleve® (naproxen). If you are taking one of these medications, please take your temperature **before** your next dose of medication.
- If you have fever or any symptom, call your healthcare provider and discuss with them if you should be tested.

What should you do if you become more ill during the monitoring period?

Refer to your "Who To Call" list posted in your room for contact information.

Northeast Tri County Health District has a duty to protect the public from communicable diseases, including during outbreak events. This directive is aimed at stopping the further spread of 2019-nCoV and at protecting populations. Health Officer directives are subject to public information requests. Our staff strive to approach affected individuals in a professional and courteous manner.

Please contact Northeast Tri County Health District at 509-684-2262 for any questions or concerns.

Respectfully,

Samuel A. Artzis MD,
Health Officer

- Stevens County** - 240 E. Dominion, Colville, WA 99114
 - Administration Phone: 509-684-2262**, Fax: 509-684-1002
 - Community Health Phone: 509-684-2262**, Fax: 509-684-9878
 - Environmental Health Phone: 509-684-2262**, Fax: 509-684-8506

- Ferry County** - 147 N. Clark, PO Box 584, Republic, WA 99166
Phone: 509-775-3111, Fax: 509-775-2858

- Pend Oreille County** - 605 Highway 20, Newport, WA 99156
Phone: 509-447-3131, Fax: 509-447-5644

Website: www.netchd.org

10 ways to manage respiratory symptoms at home

If you have fever, cough, or shortness of breath, call your healthcare provider. They may tell you to manage your care from home. Follow these tips:

1. **Stay home** from work, school, and away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.



2. **Monitor your symptoms** carefully. If your symptoms get worse, call your healthcare provider immediately.



3. **Get rest and stay hydrated.**



4. If you have a medical appointment, **call the healthcare provider** ahead of time and tell them that you have or may have COVID-19.



5. For medical emergencies, call 911 and **notify the dispatch personnel** that you have or may have COVID-19.



6. **Cover your cough and sneezes.**



7. **Wash your hands often** with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



8. As much as possible, **stay** in a specific room and **away from other people** in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a facemask.



9. **Avoid sharing personal items** with other people in your household, like dishes, towels, and bedding.



10. **Clean all surfaces** that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.



Steps to help prevent the spread of COVID-19 if you are sick

FOLLOW THE STEPS BELOW: If you are sick with COVID-19 or think you might have COVID-19, follow the steps below to help protect other people in your home and community.

Stay home except to get medical care

- **Stay home:** Most people with COVID-19 have mild illness and are able to recover at home without medical care. Do not leave your home, except to get medical care. Do not visit public areas.
- **Stay in touch with your doctor.** Call before you get medical care. Be sure to get care if you have trouble breathing, or have any other emergency warning signs, or if you think it is an emergency.
- **Avoid public transportation:** Avoid using public transportation, ride-sharing, or taxis.



Separate yourself from other people in your home, this is known as home isolation

- **Stay away from others:** As much as possible, stay away from others. You should stay in a specific "sick room" if possible, and away from other people in your home. Use a separate bathroom, if available.
 - See COVID-19 and Animals if you have questions about pets. <https://www.cdc.gov/coronavirus/2019-ncov/faq.html#COVID19animals>



Call ahead before visiting your doctor

- **Call ahead:** Many medical visits for routine care are being postponed or done by phone or telemedicine.
- If you have a medical appointment that cannot be postponed, call your doctor's office, and tell them you have or may have COVID-19. This will help the office protect themselves and other patients.



If you are sick wear a facemask in the following situations, if available.

- **If you are sick:** You should wear a facemask, if available, when you are around other people (including before you enter a healthcare provider's office).
- **If you are caring for others:** If the person who is sick is not able to wear a facemask (for example, because it causes trouble breathing), then as their caregiver, you should wear a facemask when in the same room with them. Visitors, other than caregivers, are not recommended.



Note: During a public health emergency, facemasks may be reserved for healthcare workers. You may need to improvise a facemask using a scarf or bandana.

Cover your coughs and sneezes

- **Cover:** Cover your mouth and nose with a tissue when you cough or sneeze.
- **Dispose:** Throw used tissues in a lined trash can.
- **Wash hands:** Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



Clean your hands often

- **Wash hands:** Wash your hands often with soap and water for at least 20 seconds. This is especially important after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- **Hand sanitizer:** If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry.
- **Soap and water:** Soap and water are the best option, especially if hands are visibly dirty.
- **Avoid touching:** Avoid touching your eyes, nose, and mouth with unwashed hands.



Avoid sharing personal household items

- **Do not share:** Do not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people in your home.
- **Wash thoroughly after use:** After using these items, wash them thoroughly with soap and water or put in the dishwasher.



Clean all "high-touch" surfaces everyday

Clean high-touch surfaces in your isolation area ("sick room" and bathroom) every day; let a caregiver clean and disinfect high-touch surfaces in other areas of the home.



- **Clean and disinfect:** Routinely clean high-touch surfaces in your "sick room" and bathroom. Let someone else clean and disinfect surfaces in common areas, but not your bedroom and bathroom.
 - If a caregiver or other person needs to clean and disinfect a sick person's bedroom or bathroom, they should do so on an as-needed basis. The caregiver/other person should wear a mask and wait as long as possible after the sick person has used the bathroom.
- High-touch surfaces include phones, remote controls, counters, tabletops, doorknobs, bathroom fixtures, toilets, keyboards, tablets, and bedside tables.
- **Clean and disinfect areas that may have blood, stool, or body fluids on them.**
- **Household cleaners and disinfectants:** Clean the area or item with soap and water or another detergent if it is dirty. Then, use a household disinfectant.
 - Be sure to follow the instructions on the label to ensure safe and effective use of the product. Many products recommend keeping the surface wet for several minutes to ensure germs are killed. Many also recommend precautions such as wearing gloves and making sure you have good ventilation during use of the product.
 - Most EPA-registered household disinfectants should be effective. A full list of disinfectants can be found [here](#) external icon.

Monitor your symptoms

- Common symptoms of COVID-19 include fever and cough. Trouble breathing is a more serious symptom that means you should get medical attention.
- **If you are having trouble breathing, seek medical attention, but call first.**
 - Call your doctor or emergency room before going in and tell them your symptoms. They will tell you what to do.
- **Wear a facemask:** If available, put on a facemask before you enter the building. If you can't put on a facemask, cover your coughs and sneezes. Try to stay at least 6 feet away from other people. This will help protect the people in the office or waiting room.
- **Follow care instructions from your healthcare provider and local health department:** Your local health authorities will give instructions on checking your symptoms and reporting information.



If you develop **emergency warning signs** for COVID-19 get **medical attention immediately.**

Emergency warning signs include*:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

Call 911 if you have a medical emergency: If you have a medical emergency and need to call 911, notify the operator that you have or think you might have, COVID-19. If possible, put on a facemask before medical help arrives.

How to discontinue home isolation

- People with COVID-19 who have stayed home (home isolated) can stop home isolation under the following conditions:
 - **If you will not have a test** to determine if you are still contagious, you can leave home after these three things have happened:
 - You have had no fever for at least 72 hours (that is three full days of no fever without the use medicine that reduces fevers) AND
 - other symptoms have improved (for example, when your cough or shortness of breath have improved) AND
 - at least 7 days have passed since your symptoms first appeared
 - **If you will be tested** to determine if you are still contagious, you can leave home after these three things have happened:
 - You no longer have a fever (without the use medicine that reduces fevers) AND
 - other symptoms have improved (for example, when your cough or shortness of breath have improved) AND
 - you received two negative tests in a row, 24 hours apart. Your doctor will follow CDC guidelines.



In all cases, follow the guidance of your healthcare provider and local health department. The decision to stop home isolation should be made in consultation with your healthcare provider and state and local health departments. Local decisions depend on local circumstances.

More information is available <https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-in-home-patients.html>.

Additional information for healthcare providers: [Interim Healthcare Infection Prevention and Control Recommendations for Persons Under Investigation for 2019 Novel Coronavirus.](#)

**TAKING CARE OF YOUR BEHAVIORAL HEALTH:
TIPS FOR SOCIAL DISTANCING, QUARANTINE, AND ISOLATION DURING AN INFECTIOUS DISEASE OUTBREAK**

- Talk about your experiences and feelings to loved ones and friends, if you find it helpful.
- Maintain a sense of hope and positive thinking; consider keeping a journal where you write down things you are grateful for or that are going well.

**After Social Distancing,
Quarantine, or Isolation**

You may experience mixed emotions, including a sense of relief. If you were isolated because you had the illness, you may feel sadness or anger because friends and loved ones may have unfounded fears of contracting the disease from contact with you, even though you have been determined not to be contagious.

The best way to end this common fear is to learn about the disease and the actual risk to others. Sharing this information will often calm fears in others and allow you to reconnect with them.

If you or your loved ones experience symptoms of extreme stress—such as trouble sleeping, problems with eating too much or too little, inability to carry out routine daily activities, or using drugs or alcohol to cope—speak to a health care provider or call one of the hotlines listed to the right for a referral.

If you are feeling overwhelmed with emotions such as sadness, depression, anxiety, or feel like you want to harm yourself or someone else, call 911 or the National Suicide Prevention Lifeline at 1-800-273-TALK (1-800-273-8255)



**Taking Care of Your Behavioral Health:
TIPS FOR SOCIAL DISTANCING, QUARANTINE, AND ISOLATION
DURING AN INFECTIOUS DISEASE OUTBREAK**

within the country get sick with highly contagious diseases that have the potential to develop into outbreaks or pandemics.

This tip sheet describes feelings and thoughts you may have during and after social distancing, quarantine, and isolation. It also suggests ways to care for your behavioral health during these experiences and provides resources for more help.

What To Expect: Typical Reactions

Everyone reacts differently to stressful situations such as an infectious disease outbreak that requires social distancing, quarantine, or isolation. People may feel:

- Anxiety, worry, or fear related to:
 - Your own health status
 - The health status of others whom you may have exposed to the disease
 - The resentment that your friends and family may feel if they need to go into quarantine as a result of contact with you
- The experience of monitoring yourself, or being monitored by others for signs and symptoms of the disease
- Time taken off from work and the potential loss of income and job security
- The challenges of securing things you need, such as groceries and personal care items

What Is Social Distancing?

Social distancing is a way to keep people from spreading disease or influenza viruses to you or others. Social distancing is a public health strategy to control the spread of infectious diseases. It is a way to keep people from spreading disease to you or others. It is a way to keep people from spreading disease to you or others.

What Is Quarantine?

Quarantine separates and restricts the movement of people who have been exposed to a contagious disease to see if they become sick. It is a way to keep people from spreading disease to you or others. It is a way to keep people from spreading disease to you or others.

What Is Isolation?

Isolation separates people who have been infected by a contagious disease from people who have not been infected. It is a way to keep people from spreading disease to you or others. It is a way to keep people from spreading disease to you or others.

Introduction

In the event of an infectious disease outbreak, local officials may require the public to take measures to limit and control the spread of the disease. This tip sheet provides information about social distancing, quarantine, and isolation. The government has the right to enforce federal and state laws related to public health if people

Helpful Resources

Hotlines
SAMHSA's Disaster Distress Helpline
Toll Free: 1-800-458-5230 (English and Spanish)
SMS: Text Talk458 to 62346
SMS: Text458 to 62346
TTY: 1-800-948-8877
Website: 202049; <http://www.disasterdistresshelpline.org>
#endpandemic

SAMHSA's National Helpline
Toll Free: 1-800-662-4374 (TDD) / 1-800-368-6768 (Voice)
Reliable, up-to-date mental health information and referrals
Information Services in English and Spanish
Website: 202588; <http://www.samhsa.gov>

National Suicide Prevention Lifeline
Toll Free: 1-800-273-8255 (24/7)
Toll Free: 1-800-273-8255 (24/7)
TTY: 1-800-948-8877 (24/7)
Website: 202588; <http://www.suicideline.org>
#endpandemic

Treatment Locator
Behavioral Health Treatment Services Locator
Website: <http://www.samhsa.gov/behavioral-health-treatment-locator>

SAMHSA Disaster Technical Assistance Center
Toll Free: 1-800-368-6768
Email: DTAC@samhsa.gov
Website: www.samhsa.gov/dtac

*Note: Includes or members of a network of a program in the last listed area and may be endorsed by the Center for Mental Health Services, the Substance Abuse and Mental Health Services Administration, or the U.S. Department of Health and Human Services

HHS Publication No. SMA-14-4884 (2014)

TAKING CARE OF YOUR BEHAVIORAL HEALTH: TIPS FOR SOCIAL DISTANCING, QUARANTINE, AND ISOLATION DURING AN INFECTIOUS DISEASE OUTBREAK

- Concern about being able to effectively care for children or others in your care
- Uncertainty or frustration about how long you will need to remain in this situation, and uncertainty about the future
- Loneliness associated with feeling cut off from the world and from loved ones
- Anger if you think you were exposed to the disease because of others' negligence
- Boredom and frustration because you may not be able to work or engage in regular day-to-day activities
- Uncertainty or ambivalence about the situation
- A desire to use alcohol or drugs to cope
- Symptoms of depression, such as feelings of hopelessness, changes in appetite, or sleeping too little or too much
- Symptoms of post-traumatic stress disorder (PTSD), such as intrusive distressing memories, flashbacks (reliving the event), nightmares, changes in thoughts and mood, and being easily startled

If you or a loved one experiences any of these reactions for 2 to 4 weeks or more, contact your health care provider or one of the resources at the end of this tip sheet.

Ways To Support Yourself During Social Distancing, Quarantine, and Isolation

UNDERSTAND THE RISK

Consider the real risk of harm to yourself and others around you. The public perception of risk during a situation such as an infectious disease outbreak is often inaccurate. Media coverage may create the impression that people are in immediate danger when really the risk for infection may be very low. Take steps to get the facts:

- Stay up to date on what is happening, while limiting your media exposure. Avoid watching or listening to news reports 24/7 since this tends to increase anxiety and worry. Remember that children are especially affected by what they hear and see on television.
- Look to credible sources for information on the infectious disease outbreak (see page 3 for sources of reliable outbreak-related information).

BE YOUR OWN ADVOCATE

Speaking out about your needs is particularly important if you are in quarantine, since you may not be in a hospital or other facility where your basic needs are met. Ensure you have what you need to feel safe, secure, and comfortable.

- Work with local, state, or national health officials to find out how you can arrange for groceries and toiletries to be delivered to your home as needed.
- Inform health care providers or health authorities of any needed medications and work with them to ensure that you continue to receive those medications.

EDUCATE YOURSELF

Health care providers and health authorities should provide information on the disease, its diagnosis, and treatment.

- Do not be afraid to ask questions—clear communication with a health care provider may help reduce any distress associated with social distancing, quarantine, or isolation.
- Ask for written information when available.
- Ask a family member or friend to obtain information in the event that you are unable to secure this information on your own.

WORK WITH YOUR EMPLOYER TO REDUCE FINANCIAL STRESS

If you're unable to work during this time, you may experience stress related to your job status or financial situation.

TAKING CARE OF YOUR BEHAVIORAL HEALTH: TIPS FOR SOCIAL DISTANCING, QUARANTINE, AND ISOLATION DURING AN INFECTIOUS DISEASE OUTBREAK

- Provide your employer with a clear explanation of why you are away from work.
- Contact the U.S. Department of Labor (toll-free at 1-866-4USWAGE (1-866-487-9243)) about the Family and Medical Leave Act (FMLA), which allows U.S. employees up to 12 weeks of unpaid leave for serious medical conditions, or to care for a family member with a serious medical condition.
- Contact your utility providers, cable and internet provider, and other companies from whom you get monthly bills to explain your situation and request alternative bill payment arrangements as needed.

Sources for Reliable Outbreak-Related Information

Centers for Disease Control and Prevention
1600 Clifton Road, NE
Atlanta, GA 30333-4117
1-800-458-5231 | 404-616-2141
<https://www.cdc.gov>

World Health Organization
Regional Office for the Americas at the World Health Organization
525 2nd Street, NW
Washington, DC 20004
202-961-2000
<http://www.who.int>

CONNECT WITH OTHERS

Reaching out to people you trust is one of the best ways to reduce anxiety, depression, loneliness, and boredom during social distancing, quarantine, and isolation. You can:

- Use the telephone, email, text messaging, and social media to connect with friends, family, and others.
- Talk "face to face" with friends and loved ones using Skype or FaceTime.

- If approved by health authorities and your health care providers, arrange for your friends and loved ones to bring you newspapers, movies, and books.
- Sign up for emergency alerts via text or email to ensure you get updates as soon as they are available.
- Call SAMHSA's free 24-hour Disaster Distress Helpline at 1-800-985-5890, if you feel lonely or need support.
- Use the Internet, radio, and television to keep up with local, national, and world events.
- If you need to connect with someone because of an ongoing alcohol or drug problem, consider calling your local Alcoholics Anonymous or Narcotics Anonymous offices.

TALK TO YOUR DOCTOR

If you are in a medical facility, you may have access to health care providers who can answer your questions. However, if you are quarantined at home, and you're worried about physical symptoms you or your loved ones may be experiencing, call your doctor or other health care provider:

- Ask your provider whether it would be possible to schedule remote appointments via Skype or FaceTime for mental health, substance use, or physical health needs.
- In the event that your doctor is unavailable and you are feeling stressed or are in crisis, call the hotline numbers listed at the end of this tip sheet for support.

USE PRACTICAL WAYS TO COPE AND RELAX

- Relax your body often by doing things that work for you—take deep breaths, stretch, meditate or pray, or engage in activities you enjoy.
- Pace yourself between stressful activities, and do something fun after a hard task.

(Appendix H)

14-day incubation period observations

Take your temperature twice a day, in the morning and in the evening, and write it down. Mark if you have any of the symptoms: circle 'Y' for Yes and 'N' for No. Don't leave any spaces blank.

DATE	TIME	Temperature	Cough	Fatigue or aches	Shortness of Breath	Diarrhea	Chills
1	AM		Y N	Y N	Y N	Y N	Y N
	PM		Y N	Y N	Y N	Y N	Y N
2	AM		Y N	Y N	Y N	Y N	Y N
	PM		Y N	Y N	Y N	Y N	Y N
3	AM		Y N	Y N	Y N	Y N	Y N
	PM		Y N	Y N	Y N	Y N	Y N
4	AM		Y N	Y N	Y N	Y N	Y N
	PM		Y N	Y N	Y N	Y N	Y N
5	AM		Y N	Y N	Y N	Y N	Y N
	PM		Y N	Y N	Y N	Y N	Y N
6	AM		Y N	Y N	Y N	Y N	Y N
	PM		Y N	Y N	Y N	Y N	Y N
7	AM		Y N	Y N	Y N	Y N	Y N
	PM		Y N	Y N	Y N	Y N	Y N
8	AM		Y N	Y N	Y N	Y N	Y N
	PM		Y N	Y N	Y N	Y N	Y N
9	AM		Y N	Y N	Y N	Y N	Y N
	PM		Y N	Y N	Y N	Y N	Y N
10	AM		Y N	Y N	Y N	Y N	Y N
	PM		Y N	Y N	Y N	Y N	Y N
11	AM		Y N	Y N	Y N	Y N	Y N
	PM		Y N	Y N	Y N	Y N	Y N
12	AM		Y N	Y N	Y N	Y N	Y N
	PM		Y N	Y N	Y N	Y N	Y N
13	AM		Y N	Y N	Y N	Y N	Y N
	PM		Y N	Y N	Y N	Y N	Y N
14	AM		Y N	Y N	Y N	Y N	Y N
	PM		Y N	Y N	Y N	Y N	Y N

* These forms are provided by the Centers for Disease Control and Prevention for patients who are under public health monitoring. They are being provided to you out of an abundance of caution to use to protect yourself while at home.

Meal Takeout/Delivery Options while in Quarantine/Isolation

(Appendix I)

For your convenience, there will be a meal delivery option provided for any meals you order during the quarantine/isolation period to keep you safe and nourished. This service will be offered Monday through Friday during breakfast, lunch, and dinner hours. To coordinate weekend meals, contact Steve Bonner, Ferry County Emergency Management Director @ (509) 207-8719.

To participate:

1. Call restaurant of your choice, and place your order using your debit/credit card. (Place orders between 8:30 a.m. and 4:30 p.m. for the scheduled meal times below).
2. Call (509)775-8400 to set up your delivery time and pick-up location once you have placed and paid for your order with the restaurant.
3. **Delivery will be offered as follows:**
 - 09:00—10:00 a.m. for breakfast**
 - 12:00—1:00 p.m. for lunch**
 - 04:00—5:00 p.m. for dinner**

All restaurants participating are listed below with their menus attached.

Steve-O's

Phone: 775-0861

Hours: 11:00am—8:00pm Monday through Friday

Esther's

Phone: 775-2088

Hours: 11:00am—6:00pm Monday through Saturday

Knotty Pine

Phone: 775-0926

Hours: 8:00am—7:00pm Sunday through Saturday

Ferry County Co-Op

Phone: 775-3754

Hours: 12:00—6:00pm Monday to Friday, 11:00am—6:00pm Wednesday, 12:00—4:00pm Saturday

The co-op offers assorted wraps/sandwiches open for lunch and dinner. No menu at this time.

Pine Grove Junction

Phone: 775-3304

Hours: 6:00am—8:00pm Sunday through Saturday

Republic Pizza Co.

Phone: 775-3030

Hours: 12:00pm—8:00pm Tuesday through Saturday

***If you prefer to order food outside of the hours listed above or during the weekend, you can contact Greg Sheffield /Digital Documents at (509)775-2425 and have your food delivered to the designated drop point for a \$5.00 charge. This service is offered Sunday through Saturday from 11:00am – 8:00pm.**

(Appendix J)



MATT SCHANZ, ADMINISTRATOR
SAMUEL A. ARTZIS, M.D., HEALTH OFFICER

HEALTH OFFICER'S DIRECTIVE FOR ISOLATION RELATED TO COVID-19

Name : _____ DOB: _____
Address _____ Phone: _____

Isolation Start Date: ____/____/2020 Isolation End Date: ____/____/2020 (may be extended if necessary)

The person mentioned above has been identified as a confirmed case with Novel Coronavirus (COVID-19) or is awaiting results. To stop the outbreak from spreading, the following Health Officer Isolation Directive is being issued.

ISOLATION (in accordance with RCW 70.05.070):

1. The person named above must be **ISOLATED** (remain at home and excluded from participation in all public places), at a specific location and at an agreed location for the specified dates. This order will continue for at least **7 days after test date or 72 hours without fever or symptoms (and has not taken any fever reducing medicines)**;
2. The person named above must remain **isolated from contact with any person**;
3. The person named above must notify the Health Officer or his/her designee at any time when he or she cannot remain in isolation (usually in emergencies), during which the person must wear a mask.
4. **Self-Monitoring with Public Health Supervision:**

Take your temperature twice a day, in the morning, and in the evening, and write it down.

5. Cooperation and compliance with this directive is required in accordance with WAC 246-101-425: <http://apps.leg.wa.gov/WAC/default.aspx?cite=246-101-425>; non-compliance with the Health Officer's directive may constitute a violation of state law (RCW 70.05.120, WAC 246-110-020): <http://apps.leg.wa.gov/wac/default.aspx?cite=246-110-020>;

The isolation of the person mentioned above shall be lifted and re-entry to public places shall be permitted:

- **3 days after the fever ends AND resolution of your initial symptoms (e.g. cough, shortness of breath) (and has not taken any fever reducing medicines) OR**
- **7 days after symptoms onset, whichever is longer**

Northeast Tri County Health District has a duty to protect the public from communicable diseases, including during outbreak events. This directive is aimed at stopping the further spread of 2019-nCoV and at protecting populations. Health Officer directives are subject to public information requests. Our staff strives to approach affected individuals in a professional and courteous manner.

Please contact Northeast Tri County Health District at 509-684-2262 for any questions or concerns. Northeast Tri County Health District is governed by the Northeast Tri County Health District Board of Health.

Respectfully,

Samuel A. Artzis MD, Health Officer

- | | |
|--|---|
| <input type="checkbox"/> Stevens County - 240 E. Dominion, Colville, WA 99114 | <input type="checkbox"/> Ferry County - 147 N. Clark, PO Box 584, Republic, WA 99166 |
| <input type="checkbox"/> Administration Phone: 509-684-2262 , Fax: 509-684-1002 | Phone: 509-775-3111 , Fax: 509-775-2858 |
| <input type="checkbox"/> Community Health Phone: 509-684-2262 , Fax: 509-684-9878 | |
| <input type="checkbox"/> Environmental Health Phone: 509-684-2262 , Fax: 509-684-8506 | <input type="checkbox"/> Pend Oreille County - 605 Highway 20, Newport, WA 99156 |
| | Phone: 509-447-3131 , Fax: 509-447-5644 |

(Appendix K)



MATT SCHANZ, ADMINISTRATOR
SAMUEL A. ARTZIS, M.D., HEALTH OFFICER

RELEASE FROM HEALTH OFFICER'S DIRECTIVE FOR ISOLATION RELATED TO COVID-19

Name : _____ DOB: _____
Address _____ Phone: _____

Isolation Start Date: ____/____/2020 Isolation End Date: ____/____/2020

The person mentioned above is released from the Health Officers Directive for isolation. The release is based on the CDC guidelines for when a COVID-19 patient is no longer infectious.

The isolation of the person mentioned above is lifted and re-entry to public places is permitted due to:

- 3 days after the fever ends AND resolution of your initial symptoms (e.g. cough, shortness of breath) (and has not taken any fever reducing medicines)
- 7 days after symptoms onset
- Individuals with laboratory-confirmed COVID-19 who have not had any symptoms may discontinue home isolation when at least 7 days have passed since the date of their first positive COVID-19 diagnostic test and have had no subsequent illness.

Northeast Tri County Health District has a duty to protect the public from communicable diseases, including during outbreak events. Thank you for helping prevent the further spread of COVID-19 and at protecting our community populations. Health Officer directives are subject to public information requests. Our staff strives to approach affected individuals in a professional and courteous manner.

Please contact Northeast Tri County Health District at 509-684-2262 for any questions or concerns.

Respectfully,

Samuel A. Artzis MD, Health Officer

-
- Stevens County - 240 E. Dominion, Colville, WA 99114
 - Administration Phone: 509-684-2262, Fax: 509-684-1002
 - Community Health Phone: 509-684-2262, Fax: 509-684-9878
 - Environmental Health Phone: 509-684-2262, Fax: 509-684-8506
 - Ferry County - 147 N. Clark, PO Box 584, Republic, WA 99166
 - Phone: 509-775-3111, Fax: 509-775-2858
 - Pend Oreille County - 605 Highway 20, Newport, WA 99156
 - Phone: 509-447-3131, Fax: 509-447-5644

CONTACT INFORMATION SHEET (For staff only)

(Appendix L)

Ferry County Hospital Lead Nursing Team:

- Mike Martinoli, RN: (509) 775-8649
- Katy Richard, LPN (509) 680-2042
- Cindy Chase, CNO: (509) 389-9000

Northeast Tri-County Health Department Team:

- Judy Hutton (509) 775-3111
- Dr. Sam Artzis MD, Health Officer (509) 690-2056

Ferry County Emergency Management Team

- Steve Bonner, Emergency Management Director
Cell: (509) 207-8719
Work: (509) 775-5225 Ext 1112
- Frank Harris II, Emergency Management Deputy Director
Cell: (509) 810-0509
Home: (509) 408-0226

Ferry County Hospital Emergency Operations and Planning

- Aaron Edwards, CEO: (509) 207-9208
- Brant Truman, COO: (208) 419-6200
- Amanda Chilvers, DPT
Cell: (541) 250-2422
Work: (509) 775-8400 X394
- Laura Martens, DPT
Work: (509) 775-8400

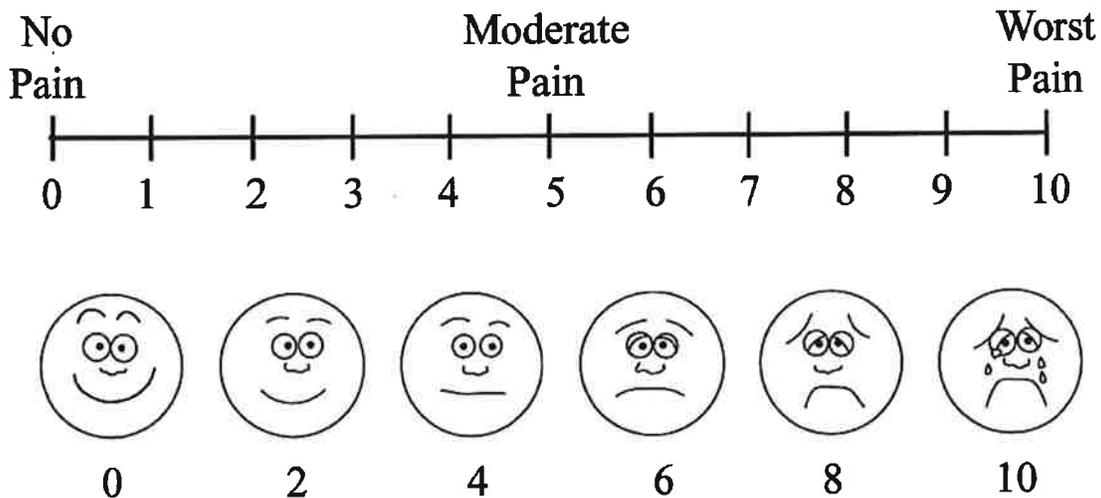
WHO TO CALL (for patient while in room)

(Appendix M)

- Steve Bonner Cell: (509) 207-8719
 1. You have questions about getting supplies or meals delivered to your room.
 2. If you have questions or issues with the motel room in general.
- Tri-County on-call Registered Nurse/Tri-County Duty Officer @ 509-775-3111:
 1. **You are experiencing new symptoms.**
 2. **Your current symptoms are worsening.**
 3. **You have any other medical questions.**

*If unable to reach a person at the above phone number after 30 minutes,
call Mike, Registered Nurse @ 509-775-8649.

**If you feel that you are experiencing a medical
emergency call 911 and
DO NOT LEAVE THE ROOM. Follow guidance and
support from the 911 dispatcher.**



*The above scale may be used during your medical discussion with the Registered Nurse

Appendix 4B

COVID-19 Emergency Housing Program Plan

County: Pend Oreille

Date: 03/26/2020

The purpose of the grant funding is to address the COVID-19 outbreak related public health needs of people experiencing homelessness or otherwise in need of quarantine or isolation housing due to the outbreak.

Grantees can complete this Plan template or transfer the information from the four sections into a narrative document.

1. Brief description of how the Grantee is consulting with and coordinating the use of funds with following entities:

The county government (if the Grantee is not the county government)	Pend Oreille County Commissioners
Largest city in the county	Newport, Washington
Consolidated Homeless Grant grantee	Family Crisis Network
Local public health jurisdiction	Northeast Tri-County Health Department

2. Name and contact information of local public health officer that reviewed this Plan:

Click or tap here to enter text.

Matt Schanz – 509-447-3131

3. Brief description of how the Grantee will use funds to develop the following:

Create isolation and quarantine and Isolation beds: describe actions to address quarantine and isolation housing needs of people living unsheltered or in homeless housing or who cannot isolate or quarantine themselves in housing previously available to them.	The Family Crisis Network has partnered with potential isolation/quarantine housing providers to provide at least 4 rooms for the purpose of quarantine/isolation housing needs for people living unsheltered or in homeless housing or who cannot isolate or quarantine themselves in housing previously available to them
---	---

Increase sanitation and hygiene in existing homeless housing and encampments.	N/A
Create additional shelter capacity to replace shelter capacity lost when social distancing was increased.	
Other costs associated with addressing the public health needs of people experiencing homelessness or displaced from their former housing due to the COVID-19 outbreak.	Other costs include but are not limited to: Professional cleaning services; food/meals; personal care items; laundry services; medical needs; phones; indoor activities (books, games, puzzles, journal, etc.); transportation; pet boarding; bedding; remedies for damages.

4. Process defined to determine unmet need for Isolation and Quarantine beds:

Steps and timeline of the process the Grantee will implement to work with the local public health jurisdiction and other relevant stakeholders to estimate the unmet need for quarantine and isolated housing for people living unsheltered or living in homeless housing or who cannot isolate or quarantine themselves in housing previously available to them.	<p>3/16/20 - Webinar</p> <p>3/18/20 – signed an MOU between the county commissioners, the NETC Health Department and Family Crisis Network</p> <p>3/18/20 – met with Newport Hospital and Health Services, potential quarantine/isolation housing providers. Spoke with ServPro Cleaners, Pend Oreille County Prosecutor.</p> <p>3/20/20 Family Crisis Network is ready to receive referrals from the medical community and provide quarantine and isolated housing for people living unsheltered or living in homeless housing or cannot isolate or quarantine themselves in housing previously available to them.</p> <p>3/23/20 – Provided isolation housing for a homeless person pending results of COVID 19 test.</p> <p>Currently developing policies and procedures, working closely with the health department and Newport Hospital and Health Services to safely and efficiently provide these services.</p>
---	--

5. Completed estimate of the unmet need [count of needed beds] for quarantine and isolation housing for people living unsheltered or living in homeless housing or who cannot isolate or quarantine themselves in housing previously available to them.

Assumptions used in the estimate , estimate can be reproduced with provided assumptions.	Based on our recent PIT count, Pend Oreille County estimates that in order to meet the need we will need between 4 and 10 beds at any given time.
TOTAL need for # of beds	Between 4 and 10

Appendix 4C

Rural Resources Community Action

GUIDELINES

FOR

COVID-19 Outbreak Emergency Housing Grant

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Rental Isolation	3
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Affirmatively Furthering Fair Housing	5

Introduction

This grant is to provide emergency shelter for homeless household and households who are unable to self-isolate for the duration of the testing period. This grant will also provide housing for those who are in the recovery process and are not required to stay in a hospital. Based on the point in time count of 30 unsheltered homeless we are assuming 10 isolation beds will be needed for Stevens County.

This grant may also allow housing of first responders who are working but may have concern of coming into contact with a potential COVID-19 case. This can only be done if the first responder is living with a vulnerable population and they are unable to isolate away from that household member in their normal residence. However, priority for the hotel rooms will be for those who have no place to isolate.

Overview of COVID-19 Emergency Housing Grant

The program will provide immediate shelter through emergency hotel or rental stay during the testing period. While clients are housed they will be required to isolate in their rooms. We will provide food, cleaning supplies, linens, and other items as needed and allowed by the grant.

After recovery from COVID-19 and a medical provider has cleared them to be released from isolation a contracted cleaner will come into disinfect and dispose of used products during the clients stay.

Goals of COVID-19 Emergency Housing Grant

The primary goal of this program to stop and reduce the spread of COVID-19 amongst those experiencing homelessness or who would otherwise become homeless due to not being able to return to their primary residence.

Program Operations

Referral Criteria – All who are in need of this program will first have to be referred by a medical professional who is able to verify they are currently being screened for COVID-19. The referral must also state the individual being screened does not have anywhere they are able to self-isolate.

Intake Process – The client will complete an intake over the phone with an intake worker. The intake will consist of completing a Rural Resources intake form, verbal consent authorization to talk with medical & hotel staff, and an agreement for use of the isolation area. A staff person will arrive at the place of isolation to let in the person in need, staff will keep position of the keys for the isolation room.

Transportation – If the client has transportation, they are expected to transport themselves directly to the isolation area. Those who do not have access to transportation will be provided transportation to the isolation area by staff. Staff will be required to wear approved PPE while transporting clients.

Hotel Room Isolation – A hotel room will be used for initial isolation and recovery. At the hotel we will provide all needs for the client, soap, shampoo, toiletries, linens, towels and food on an as need basis. This will be provided by our staff who complete daily check ins via phone and will drop off supplies as needed. Clients are expected to remain in their rooms at all times during the screening. If a client is to test positive for COVID-19 they will be required to remain in their room during the duration of their recovery. After a household has exited their hotel isolation a contracted cleaner will come to disinfect and dispose of used product.

Rental Isolation – An isolation room through a rental will be used for initial isolation and recovery. At the rental we will provide all needs for the client, soap, shampoo, toiletries, linens, towels and food on an as need basis. This will be provided by our staff who complete daily check ins via phone and will drop off supplies as needed. Clients are expected to remain in their rooms at all times during the screening. If a client is to test positive for COVID-19 they will be required to remain in their room during the duration of their recovery. After a household has exited their rental isolation a contracted cleaner will come to disinfect and dispose of used product.

Annex Isolation – An isolation room at the shelter in the annex will be used for initial isolation and recovery for females only. At the annex we will provide all needs for the client, soap, shampoo, toiletries, linens, towels and food on an as need basis. This will be provided by our staff who complete daily check ins via phone and will drop off supplies as needed. Clients are expected to remain in their rooms at all times during the screening. If a client is to test positive for COVID-19 they will be required to remain in their room during the duration of their recovery. After a household has exited their hotel isolation a contracted cleaner will come to disinfect and dispose of used product.

First Responder Room Use – If a first responder feels they may be putting a vulnerable household member at risk of exposure to COVID-19 they may contact us for placement in an unused isolation room. The first responder will need to complete a Rural Resources intake form and hotel agreement and the hotel key will be given to the first responder and remain in their position for the duration of their stay. Rural Resources will not provide any supplies needed for these cases, linens and cleaning supplies will be a case-by-case basis agreement with the hotel and food will be the responsibility of the person using the room.

Timeline of implementation

Available April 1, 2020 – 6 hotel rooms at a hotel will be used for emergency isolation during the initial testing period and recovery from COVID-19. A block of the 6 hotel rooms will be rented out on a month-to-month at \$60 per night per room in the city of Colville.

Available April 1, 2020 – Open a 3-bedroom, 2-isolation rental within Stevens County for emergency isolation and recovery from COVID-19. With approval to spend monthly rent on the house for isolation. The monthly rent cost will be \$1200 per month with \$500 security deposit and we will pay E/W/S/G.

Available April 1, 2020– A 1 bedroom, 1 isolation rental with in Stevens County for emergency isolation during the initial testing period and recovery from COVID-19. The monthly rent cost will be \$600 per month with a \$600 security deposit and the landlord will pay E/W/S.

Available April 1, 2020 – Utilize the Annex at the shelter for emergency isolation during the initial testing period and recovery from COVID-19 for female only. A hotel room will be utilized in lieu of the shelter with these funds for normal clients that would other use the shelter.

Available April 6, 2020 – 3 hotel rooms at a hotel will be used for emergency isolation during the initial testing period and recovery from COVID-19. A block of the 3 hotel rooms will be rented out on a month-to-month at \$60 per night per room in the city of Chewelah.

Community Partners

County Government – Initial verbal plan has been approved by the Stevens County Commissioners. We will also give monthly updates on the amount of people who tested positive for COVID-19.

Public Health Jurisdiction – Currently working with Northeast Tri County Health District on an as needed basis for referrals to isolation beds and other needs related to COVID-19 outbreak in homeless or those who cannot self-isolate. Plan has been reviewed and approved by the public health authority, Northeast Tri County Health District.

Providence Mount Carmel Hospital – Completed a referral process with the local hospital for those displaced or have no where to isolate due to COVID-19.

Largest City in County – Ralph Lane, Mayor of Colville is reviewing the plan and will give any recommendations he sees needed.

Fair Housing

NONDISCRIMINATION AND EQUAL OPPORTUNITY REQUIREMENTS

Rural Resources Community Action will comply with all applicable fair housing and civil rights requirements in 24 CFR 5.105(a). In addition, Rural Resources Community Action will make known that shelter services are available to all on a nondiscriminatory basis and ensure that all citizens have equal access to information about shelter and equal access to the shelter services provided under this program. Among other things, this means that Rural Resources Community Action will take reasonable steps to ensure meaningful access to programs to persons with limited English proficiency (LEP), pursuant to Title VI of the Civil Rights Act of 1964.

No client will be discriminated against because of race, religion, color, gender, pregnancy, age (including those over 40), national origin (including ancestry), ethnicity, disability (as defined in the federal Americans with Disabilities Act), marital status, veteran status, sexual orientation or any other characteristic protected by applicable federal or state law.

AFFIRMATIVELY FURTHERING FAIR HOUSING

Under section 808(e)(5) of the Fair Housing Act, HUD has a statutory duty to affirmatively further fair housing. HUD requires the same of its funding recipients. Rural Resources will affirmatively further fair housing opportunities for classes protected under the Fair Housing Act. Protected classes include race, color, national origin, religion, sex, disability, and familial status. Examples of affirmatively furthering fair housing include: (1) marketing the program to all eligible persons, including persons with disabilities and persons with limited English proficiency; (2) making buildings and communications that facilitate applications and service delivery accessible to persons with disabilities (see, for example, HUD's rule on effective communications at 24 CFR 8.6); (3) providing fair housing counseling services or referrals to fair housing agencies; (4) informing participants of how to file a housing discrimination complaint, including providing the toll-free number for the Housing Discrimination Hotline: 1- 800-669-9777; and (5) recruiting landlords and service providers in areas that expand housing choice to program participants.



STATE OF WASHINGTON
DEPARTMENT OF HEALTH

APPLICATION FOR COUNTY COVID-19 VARIANCE

Date: May 5, 2020

County: Ferry, Pend Oreille (for immediate request) and Stevens (for request when there are three weeks without a positive case)

Local Health Jurisdiction: Northeast Tri County Health District

Submitter's Name, Organization, E-mail Address, Phone Number:

Matt Schanz
Northeast Tri County Health District
mschanz@netchd.org
509-563-8009

The brackets below should be checked to confirm the applicant has included the materials in their variance application or agrees to the statement.

[x] Included with this application are documents demonstrating approvals and endorsements for all of the following:

1. The local public health officer's recommendation to the Board of Health.
2. Documentation of the vote of the Board of Health, including the motion and the vote totals.
3. Letters from all hospitals used by the county certifying their bed capacity for COVID-19 patients and PPE supplies.
4. Documentation of the vote of the county commission, including the vote totals.

[x] Attached to this application is a document describing all of the following:

1. Plans and identified resources to make COVID-19 testing available and accessible to everyone in the county with symptoms consistent with COVID-19.
2. The number of COVID-19 tests performed in the county by week over the past three weeks.

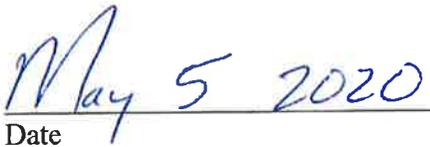
3. The local health jurisdiction's plans and resources to perform case investigations and contact tracing using the statewide standardized COVID-19 case and contact investigation protocols. This plan must include the number of people trained and ready to perform case investigations and contact tracing. If the local health jurisdiction is making use of non-local health jurisdiction resources for this purpose, those other entities supplying the resource (e.g., community non-profit, volunteer organization, Washington State Department of Health, etc.) must provide a letter certifying that they have the resources noted to assist the local health jurisdiction with case and contact investigations.
4. Plans and resources to house people in isolation or quarantine who do not have a home or wish to isolate or quarantine themselves outside of their home. If those include non-county resources, documents (i.e., contact or signed letter) must be provided demonstrating a commitment of those resources for this purpose.
5. Plans and resources to provide case management services to cases and contacts in isolation and quarantine. If those include non-county resources, documents (i.e., contact or signed letter) must be provided demonstrating a commitment of those resources for this purpose.
6. Plans and resources to rapidly respond to outbreaks in the community and in congregate settings.
7. Any additional information the applicant feels is important for consideration.

[x] By submitting this application, the local health jurisdictions agrees to notify the DOH on-call communicable disease duty officer at 206-418-5500 of any COVID-19 outbreak investigation within their jurisdiction within 6 hours of beginning the investigation.

As the Director of the applicant LHJ, I am authorized pursuant to the adoption of the COVID-19 Variance Plan by the local board of health and county commission to submit to the Washington State Department of Health this application for consideration.



Signature



Date



**Northeast Tri County
HEALTH DISTRICT**

**MATT SCHANZ, ADMINISTRATOR
SAMUEL A. ARTZIS, M.D., HEALTH OFFICER**

DATE: May 4, 2020

TO: Northeast Tri County Health District

RE: Recommendation to Request Variance to "Stay Home, Stay Healthy" Order

Background:

On March 23, 2020 and subsequently after, Governor Inslee issued "Stay Home, Stay Healthy" proclamations prohibiting persons from leaving their homes or place of residence except to conduct or participate in essential activities and/or for employment in essential business services. He also prohibited starting on March 25, 2020 all non-essential business to cease operations except for performing basic minimum operations. On May 1, 2020 Governor Inslee indicated that he would be extending the "Stay Home, Stay Healthy" order through May 31, 2020 and that he was allowing smaller counties that did not have a new case of COVID-19 reported in the last three weeks to apply for a variance that would allow them to move from Phase 1 of the Phased Approach to Reopening Washington Plan to Phase 2.

The last confirmed case of COVID-19 occurred March 17, 2020 in Ferry County and April 13, 2020 in Pend Oreille County. Therefore, Ferry County and Pend Oreille County met the preliminary criteria for this variance. For Stevens County, the last positive case was April 20, 2020. If there were no other cases, Stevens County will be eligible to move to "Phase 2" after May 11, 2020, and

Assessment of Important Criteria to Apply for Variance to "Stay Home, Stay Healthy" Order:

1. Healthcare System Readiness

Currently Northeast Tri County Health District (NETCHD) has adequate capacity and staffing of our hospitals. Even since a few days ago, our supply chain for testing and personal protective equipment (PPE) has improved and looks more sustainable.

If our local hospitals begin elective procedures, we will continue to closely monitor bed status daily and adjust as necessary to avoid the possibility of exceeding capacity. Our surge plan has been functional, and we have kept a close relationship with our receiving hospitals.

Stevens County - 240 E. Dominion, Colville, WA 99114

Administration Phone: 509-684-2262, Fax: 509-684-1002

Community Health Phone: 509-684-2262, Fax: 509-684-9878

Environmental Health Phone: 509-684-2262, Fax: 509-684-8506

Ferry County - 147 N. Clark, PO Box 584, Republic, WA 99166
Phone: 509-775-3111, Fax: 509-775-2858

Pend Oreille County - 605 Highway 20, Newport, WA 99156
Phone: 509-447-3131, Fax: 509-447-5644

2. Testing Capacity

As noted, testing looks much better and supplies will no longer be an issue. I spoke with Washington State Epidemiologist for Communicable Disease Dr. Scott Lindquist on April 28, 2020 and he assured me that test kits are already much more available. We have put in an order of 1,000 test kits, which should be very adequate at present. Additionally, we learned on April 30th that the state will be receiving 580,000 testing kits which will help ensure that there ample testing can occur throughout Washington. The Department of Health (DOH) dashboard that is being developed to report lab capacity will be very helpful as well. We have several sites for testing throughout the three counties and have the capability of taking testing to potential hot spots if needed. This process is already in place as we initially did our testing in patient's homes before our healthcare facilities were ready to receive potential COVID patients.

3. Ability to Protect High Risk Populations

As medical director of a local long-term care facility (LTCF), I have been directly involved in developing strict guidelines and assisted in developing protocols consistent with the DOH recommendations. We have kept in close contact with the LTCF's and assisted them in obtaining much needed PPE to maintain isolation of residents. Fortunately, we have had no COVID-19 cases thus far in the three counties.

Our largest concern is a LTCF or assisted living facility outbreak. We are actively participating in the DOH Response Team training for LTCF's and we have been in close contact with Scott Lindquist regarding assistance from DOH to coordinate a response if we exceed local capacity to effectively handle an outbreak should it occur.

Variables to Consider:

If we are allowed to move ahead with a regional approach to 'Re-Open Washington,' a number of variables must be considered.

1. Case Numbers

Positive cases will need to be evaluated individually. Questions to be asked: Did the case result from travel to or away from our community? Is it local transmission? Can we accurately locate and isolate close contacts? Is the positive case in a LTCF? Specific positive cases may require more aggressive measures of containment and possibly slow or stop progress to advance to the next phase of re-opening.

2. Hospital Capacity

If our hospital system bed capacity is not adequate, staffing is limited, or PPE status is inadequate, we would need to reassess our ability to move forward.

3. Emergency Management System

If our ambulance service is inadequately staffed or lacking PPE to safely transport, we would need to reassess our ability to proceed further into the next phase.

4. Surge Plan

If our receiving hospitals are not capable of supporting the surge plan in place, we would need to halt plans to proceed re-opening businesses.

5. Lab Capacity

If lab capacity cannot handle the expected increase in testing, we could not proceed with our regional plan.

6. Assessing Our Regional Numbers

From a data standpoint, Washington State University (WSU) has developed a more local dashboard that can be used in addition to DOH dashboards to help us more accurately assess our case numbers.

Conclusions:

Using Washington State's reopening plan, NETCHD will use the guidelines for each respective phase. In addition, staff can use the guidelines developed by Labor and Industries to help prevent transmission of the disease within the workplace. If area businesses can meet requirements and have a good, safe plan, then we should support them and do our best to help them be successful.

As the Health Officer for NETCHD, it is my position that the local Health Officer best understands local conditions. He or she must remain attentive at all times of the current status of neighboring counties situation regarding COVID-19 activity. He or she must assess and reassess daily all the variables discussed and proceed very cautiously if at all if concerns with any one of these variables arise. NETCHD must maintain open and frequent contact with DOH to assess progress and address concerns swiftly. NETCHD is in a good position at present to be one of the first regions in Washington State to proceed to Phase 2.

If we choose to wait longer, the risk of our local communities losing faith in NETCHD and 'going their own way' is a very real concern and poses a greater health risk to our region than proceeding cautiously to Phase 2. As was seen last week, we are dealing with immense pressure from our elected officials and their constituents and their arguments to re-open businesses are, for the most part, valid.

I have the unique position of being the Health Officer for three counties, Medical Program Director for two counties, medical director for a LTCF, and an emergency room/hospitalist for several of our local hospitals. I am afforded a broad perspective and understanding of how intertwined and reliant all of these entities are on each other to be functional.

NETCHD is fully aware there are risks to proceeding to Phase 2 of Governor Inslee's plan. We fully intend to proceed cautiously and are prepared to stop and reassess our progress at any time.

Therefore, it is my recommendation to request a variance to include all of the Phase 2 modifications when each respective county experience three consecutive weeks without a positive test detected within a county resident.

Sincerely,



Dr. Samuel Artzis, Health Officer

5/4/20
Date

BEFORE THE BOARD OF NORTHEAST TRI COUNTY HEALTH DISTRICT

IN THE MATTER OF COVID-19)	RESOLUTION 05-2020
"STAY HOME, STAY HEALTHY")	SUPPORTING COUNTY VARIANCE
VARIANCE REQUEST)	REQUEST FOR FERRY, PEND OREILLE,
)	AND STEVENS COUNTIES

WHEREAS, on February 29, 2020, the Governor of Washington State issued Proclamation 20-05, proclaiming a state of emergency for all counties throughout the state of Washington as a result of the coronavirus disease 2019 (COVID-19) outbreak in the United States and confirmed person-to-person spread of COVID-19 in Washington State; **AND**

WHEREAS, on March 23, 2020 the Governor of Washington State issued Proclamation 20-25 which extended the state of emergency and established the "Stay Home, Stay Healthy" order, effective until April 6, 2020, that prohibited all people from leaving their homes or participating in social, spiritual and recreational gatherings of any kind regardless of the number of participants, and all non-essential businesses in Washington State from conducting business, within the limitations provided within the order; **AND**

WHEREAS, on April 2, 2020 the Governor of Washington State announced a month-long extension of the "Stay Home, Stay Healthy" order through May 4, 2020; **AND**

WHEREAS, on May 1, 2020 the Governor of Washington State announced the extension of the stay home order until May 31, 2020 and provided a plan that will be implemented in a four-phase approach to reopen businesses and modifying physical distancing measures when disease activity is adequately suppressed and readiness in key areas is achieved; **AND**

WHEREAS, in conjunction with the Governor of Washington State, the Washington State Department of Health recognizes that there are counties with a population of less than 75,000 that have not identified a resident with COVID-19 for the past three weeks that may seek a variance to move into "Phase 2" of the reopening plan; **AND**

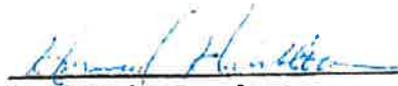
WHEREAS, as of the date of this Resolution, Ferry County and Pend Oreille County met the preliminary criteria for this variance. The last confirmed case of COVID-19 occurred March 17, 2020 in Ferry County and April 13, 2020 in Pend Oreille County. For Stevens County, the last positive case was April 20, 2020. If there were no other cases, Stevens County will be eligible to move to "Phase 2" after May 11, 2020; **AND**

WHEREAS, the Health Officer of Northeast Tri County Health District has reviewed and finds adequate readiness for a modified approach to the "Stay Home, Stay Healthy" order when there are low rates of COVID-19 disease transmission (as demonstrated when there have been no identified residents within a respective county test positive for COVID-19 for three weeks) and in readiness demonstrated within the healthcare system, testing capacity and availability, case and contact investigations, and ability to protect high-risk populations.

NOW, THEREFORE: IT IS HEREBY RESOLVED that Northeast Tri County Health District Board of Health supports the health officer's determination of readiness and for each respective county to move into "Phase 2" when the aforementioned criteria have been met. By this decision, the Board of Health votes affirmatively to implement all of the "Phase 2" elements.

Done this 4th day of May 2020 and effective immediately upon signatures as of this date. (Meeting was held by remote participation)


Board Member, Ferry County

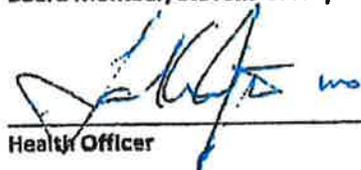

Board Member, Ferry County

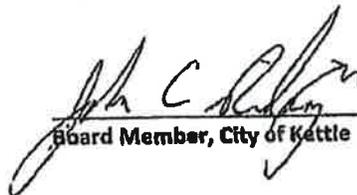

Board Member, Pend Oreille County


Board Member, Pend Oreille County

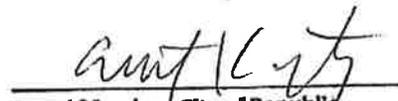

Board Member, Stevens County


Board Member, Stevens County


Health Officer


Board Member, City of Kettle Falls


Board Member, Town of Metaline


Board Member, City of Republic



May 4, 2019

Matt Schanz, Administrator
Dr. Samuel Artzis M.D., Health Officer
Northeast Tri-County Health District
240 E. Dominion
Colville, WA 99144

Subject: COVID-19 Stay Home, Stay Healthy Order and Ferry County Variance Request – Ferry County Health Certification Letter

This letter is to certify that at this time, Ferry County Memorial Hospital (dba Ferry County Health), has the required seven (7) days of personal protective equipment (N95, surgical masks, face shields, gowns, gloves). Ferry County Health also has seven (7) acute beds available, which meets the requirements of the Governor's proclamation 20-24 found within the 4/29/20 "Interpretive Statement". To date, this facility has treated zero confirmed COVID-19 patients as inpatients and has continued to maintain 24/7 testing capacity since 3/13/20 (see our current Incident Action Plan for more details on our plan and capacity = http://www.fcphd.org/PDF_Files/COVID%2019%20FEMA%20plan%205-1-20.pdf).

Of course, the status of PPE and bed capacity is ever changing subject to supply chain issues, COVID-19 disease prevalence inside and out of our community, and potential non-COVID patients needing care. We will continue to report our status through all approved reporting methodologies on a daily basis.

Please let me know if you have questions. Your hard and skillful work guiding our three counties is much appreciated!

Respectfully,

A handwritten signature in black ink, appearing to read "Aaron Edwards", is written over a large, light-colored oval shape.

Aaron Edwards, MHPA
Superintendent and CEO, Ferry County Health

Superintendent & CEO
36 Klondike Rd, Republic, WA 99166
P. (509) 775-8242 F. (509) 775-3866



Newport Hospital & Health Services

714 W. Pine Street • Newport, Washington 99156 • (509) 447-2441

Week of: May 4, 2020

Matt Schanz, R.S., Administrator
Northeast Tri County Health District
240 E. Dominion St.
Colville, WA 99114

Re: Newport Hospital & Health Services – Capacity to Serve

Dear Matt,

Newport Hospital & Health Services attests that we have adequate bed and PPE capacity to handle all current health care service needs and all known COVID-19 cases.

As is custom, we will notify you and NE-TCHD should any new positive COVID-19 cases arise or if we should we no longer have the capacity to serve in Pend Oreille County.

Please do not hesitate to call should you have any questions.

Sincerely,

Tom Wilbur, CEO

Newport Hospital & Health Services

Providence Health Care
Stevens County Administration
982 East Columbia Avenue
Colville, WA 99114
t: 509.685.5100
f: 509.685.2080



Week of: May 4, 2020

Matt Schanz, Administrator
Northeast Tri County Health District
240 E. Dominion
Colville, WA 99114

Subject: Providence Mount Carmel Hospital & Providence St. Joseph's Hospital – Capacity to Serve

Dear Matt,

Providence Mount Carmel Hospital & Providence St. Joseph's Hospital attest that we have adequate bed and PPE capacity to care for all current health care service needs and all known COVID-19 cases.

As is custom, we will notify you and Northeast Tri County Health District should any new positive COVID-19 cases arise or if we should no longer have the capacity to serve in Stevens County.

Please do not hesitate to call should you have any questions.

Sincerely,

A handwritten signature in blue ink that reads "Ron Rehn, DHA".

Ronald G. Rehn, DHA, MPA, CMPE
Chief Administrative Officer

**Providence NorthEast Washington
Medical Group**
1200 East Columbia Avenue
Colville, WA 99114
509.684.3701

Providence Mount Carmel Hospital
982 East Columbia Avenue
Colville, WA 99114
509.685.5100

Providence St. Joseph's Hospital
500 East Webster Street
Chewelah, WA 99109
509.935.8211

Providence DominiCare
110 S. Third Street East
Chewelah, WA 99109
509.935.4925

Ferry County Resolution No. 2020-12

Resolution for Ferry County to support the variance to move to Phase 2

WHEREAS, on May 1, 2020 the Governor of Washington State announced the extension of the “Stay Home, Stay Healthy” order until May 31, 2020 and provided a plan that will be implemented in a four-phase approach to reopen businesses and modifying physical distancing measures when disease activity is adequately suppressed and readiness in key areas is achieved, and

WHEREAS, in conjunction with the Governor, the Washington State Department of Health recognizes that there are counties with a population of less than 75,000 that have not identified a resident with COVID-19 for the past three weeks that may seek a variance to move into “Phase 2” of the reopening plan, and

WHEREAS, Ferry County has been identified as one of the counties eligible to apply for the variance, and

WHEREAS, on May 4, 2020 Public Health Officer Dr. Sam Artzis submitted a letter recommending a variance to include Phase 2 modifications, and

WHEREAS, On May 4, 2020 a letter from the Ferry County Memorial Hospital was submitted certifying bed capacity and PPE supplies, and

WHEREAS, On May 4, 2020 the Tri County Board of Health voted unanimously to move forward with the variance request, and

NOW THEREFORE BE IT RESOLVED, that the Ferry County Board of Commissioners voted unanimously to accept the Northeast Tri County “COVID-19 Variance Request for Ferry, Pend Oreille and Stevens Counties to Advance from Phase 1 to Phase 2.”

APPROVED this 5th day of May, 2020.

BOARD OF FERRY COUNTY COMMISSIONERS



NATHAN DAVIS, Chairman



JOHNNA EXNER, Vice Chair



HOWARD HAMBLETON, Member



ATTEST:



for Amanda Rowton, Clerk of the Board

**BOARD OF COUNTY COMMISSIONERS
PEND OREILLE COUNTY
NEWPORT, WASHINGTON**

RESOLUTION NO. 2020 - 24

RESOLUTION TO APPLY FOR THE COVID-19 VARIANCE

WHEREAS, Governor Inslee and the Washington State Department of Health recognize that there are currently some small counties with a population of less than 75,000 that have not had new cases of COVID-19 reported in the past three weeks, and

WHEREAS, these counties have the opportunity to apply for a variance to move from phase I of the Phased Approach to Reopening Washington Plan to phase II before the rest of the state, and

WHEREAS, Pend Oreille County (POC) has been identified as one of the counties eligible to apply for the variance, and

WHEREAS, one of the requirements for applying for the variance includes submission of a signed recommendation from the local public health officer to the local board of health, and

WHEREAS, Northeast Tri-County Health District (NETCHD) Officer, Dr. Sam Artzis, submitted a letter of recommendation to the NETCHD recommending they request a variance to include all of the phase II modifications contained in the phase chart, which is attached hereto and hereby incorporated by reference, and

WHEREAS, NETCHD voted to move forward with a variance request, and

WHEREAS, another requirement for applying for the variance includes submission of a letter from the local hospital(s) certifying that they have adequate bed capacity to serve their community and adequate PPE supplies to keep their workers safe, and

WHEREAS, Newport Hospital and Health Services, the only hospital in POC, has submitted a letter certifying as such, and

WHEREAS, NETCHD executed a resolution to apply for the variance, and

WHEREAS, a document must be submitted describing the follow:

- a. Plans and identified resources to make COVID-19 testing available and accessible to everyone in the county with symptoms consistent with COVID-19
- b. The number of COVID-19 tests performed by week over the past three weeks

- c. NETCHD's plans and resources to perform case investigation and contact tracing using the statewide standardized COVID-19 case and contact investigation protocols, including the number of people trained and ready to perform case investigations and contact tracing
- d. Plans and resources to house people in isolation or quarantine who do not have a home or wish to isolate or quarantine themselves outside of their home, if it becomes necessary
- e. Plans and resources to provide case management services to cases and contacts in isolation and quarantine
- f. Plans to rapidly respond to outbreaks in congregate settings, and

WHEREAS, NETCHD has prepared a plan as required which is attached hereto and hereby incorporated by this reference.

NOW THEREFORE, BE IT RESOLVED that the Board of County Commissioners of Pend Oreille County, Washington, hereby applies for the COVID-19 Variance,

FURTHER BE IT RESOLVED that the Board of County Commissioners of Pend Oreille County, Washington, approves the NETCHD COVID-19 Variance Plan for Pend Oreille County.

Passed by the Board of Pend Oreille County Commissioners meeting in regular session at Newport, Washington, by the following vote, then signed by its membership and attested to by its Clerk in authorization of such passage the 5th day of May 2020.

3 YEA; 0 NAY; 0 ABSTAIN; and 0 ABSENT

**BOARD OF COUNTY COMMISSIONERS
PEND OREILLE COUNTY, WASHINGTON**



Mike Manus, Chairman



Stephen Kiss, Vice-Chairman



Karen Skoog, Member

ATTEST:



Crystal Zieske, Clerk of the Board

BEFORE THE BOARD OF STEVENS COUNTY COMMISSIONERS

IN THE MATTER OF APPLYING FOR A
PHASE 2 COVID-19 VARIANCE

RESOLUTION No. 47-2020

APPROVING NORTHEAST TRI-
COUNTY HEALTH DISTRICT
VARIANCE PLAN AND REQUEST TO
MOVE TO ALL OF PHASE 2
REOPENING

WHEREAS, on February 29, 2020, the Governor issued Proclamation 20-05, proclaiming a State of Emergency for all counties throughout the state of Washington as a result of the coronavirus disease 2019 (COVID-19) outbreak in the United States and confirmed person-to-person spread of COVID-19 in Washington State ; and

WHEREAS, the Governor issued of Proclamation 20-25 and 20-25.1, Stay Home – Stay Healthy, prohibiting all people in Washington State from leaving their homes or participating in social, spiritual and recreational gatherings of any kind regardless of the number of participants, and all non-essential businesses in Washington State from conducting business, within the limitations therein; and

WHEREAS, on May 1, 2020, Governor Inslee indicated that he would extend the Stay Home—Stay Healthy order through May 31 and that he was allowing smaller counties that did not have a new case of COVID-19 reported in the last three weeks to apply for a variance that would allow them to move from Phase 1 of the Phased Approach to Reopening Washington Plan to Phase 2; and

WHEREAS, Northeast Tri-County Health District (NETCHD) Health Officer, Dr. Sam Artzis, submitted a letter of recommendation to the NETCHD recommending they request a variance to include all of the phase II modifications; and

WHEREAS, the NETCHD Board of Health voted to move forward with a variance request; and

WHEREAS, the NETCHD Board of Health executed a resolution to apply for the variance to move Ferry, Pend Oreille and Stevens Counties into phase 2 as soon as they qualify; and

WHEREAS, NETCHD has prepared a plan as required which is attached hereto.

NOW, THEREFORE, IT IS HEREBY RESOLVED AND ORDERED that Board of Stevens County Commissioners approves the NETCHD plan unaltered.

BE IT FURTHER RESOLVED that the Board of Stevens County Commissioner request that the variance application be moved forward to Secretary of Health John Wiesman by NETCHD Director Matt Schanz.

BE IT FURTHER RESOLVED that Stevens County be moved into all of Phase 2 as soon

as eligible (May 11, 2020 or sooner).

Passed by the Board of Stevens County Commissioners in regular session at Colville, Washington, by the following vote, then signed by its membership and attested to by its Clerk in authorization of such passage the 5th day of May, 2020.

3 YEA; 0 NAY; 0 ABSTAIN; and 0 ABSENT

BOARD OF COUNTY COMMISSIONERS
OF STEVENS COUNTY, WASHINGTON

X- telephonic approval - Michelle Enright
Chairman Don Desjell

Steve L. Parker
Commissioner Steve Parker

Wes McCart
Commissioner Wes McCart

ATTEST:

Michelle Enright
Michelle Enright
Clerk of the Board

